BE A HERO FOR A BETTER WORLD

M M A D FEREZC

"In order for us to create peace in the world, we have to bring it back to ourselves first. In order for peace to begin in us, we have to begin to notice our own thoughts, our own feelings and the patterns that we are perpetuating in our own lives, and begin to correct that step-by-step in order to have a wider impact in our community or in the world at large."

-- Sarah Wilkinson

Do One Thing for a Better World

...every act of compassion makes a difference... DoOneThing.org
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