## BE A HERO FOR A BETTER WORLD

M M A A K E E D D E E R E N E N C

"If one's life is simple, contentment has to come. Simplicity is extremely important for happiness. Having few desires, feeling satisfied with what you have, is very vital..."

-- The Dalai Lama

## Do One Thing for a Better World

...every act of compassion makes a difference... DoOneThing.org
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