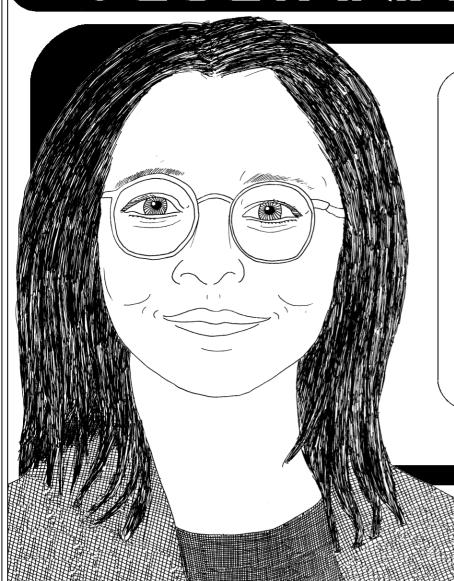
VEGETARIAN DAY - OCT I



"I know, in my soul,
that to eat a creature
who is raised to be eaten,
and who never has a chance
to be a real being,
is unhealthy. It's like...
you're just eating misery.
You're eating a bitter life."
-- Alice Walker

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