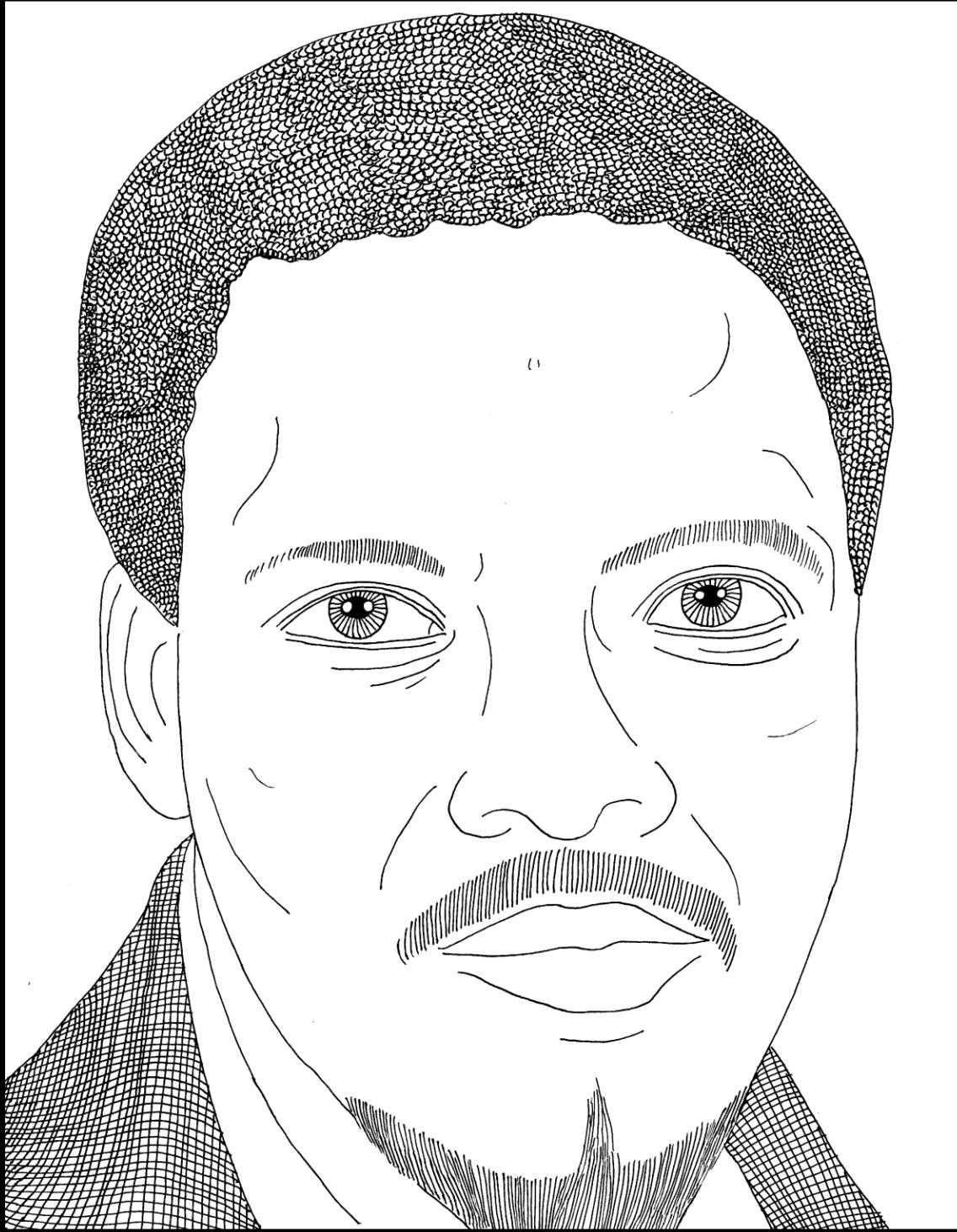


# HUMAN RIGHTS DAY - DECEMBER 10

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**"The most potent weapon in the hands of the oppressor  
is the mind of the oppressed."**

-- Stephen Biko

**Be a Hero for a Better World - [betterworld.net](http://betterworld.net)**

...every act of compassion makes a difference...every day counts for a better world...

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