







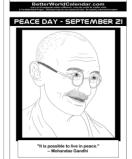




PEACE DAY

The International **Day of Peace** September 21

...make a difference...



Do One Thing for a Better World.

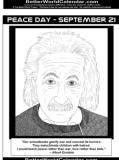
Together We Make a World of Difference!

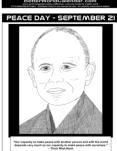
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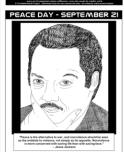
DoOneThing.org - EmilyFund.org











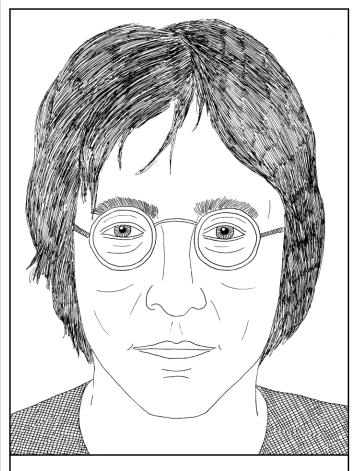












"All we are saying, is give peace a chance..."
-- John Lennon

Peace is more than the absence of war. It is living in a state of balance and harmony, where the rules are fair and just for all. Peace is about how we handle problems and how we get along with others. Peace is about community - about encouraging and helping each other to live better, more fulfilling lives. Most of all, peace is about respect -- respect for ourselves, each other, and the planet we share.

Peace is an ongoing process that requires our constant attention, but we begin to make our lives more peaceful the moment we decide to try to be peacemakers. When we convince the world to make working for a more peaceful, just and sustainable world our priority, we will transform our global community and begin to create a culture of peace.

The International Day of Peace, also known as Peace Day, is a celebration of our shared wish for a better world. It is an opportunity to look at the things that have been done over the year to help create a more peaceful, just and sustainable world, and to note the things that still need to be done. It's an opportunity to spread hope for our wish to live in a world without war. It's a time to rededicate our commitment to working for a more peaceful planet.

The United Nations has called for Peace Day to be observed as a day of peace and Global Ceasefire. If we can live in peace for one day, we can learn to work together to create a peaceful world, one day at a time.

What can you do to help create humanity's first day of peace on Peace Day?

Do One Thing for a Better World

- Do something for "peace" every day.
- Participate in a Peace Day event, such as a community service project, peace vigil or Peace Pole planting.
- Ask your Mayor to declare a Proclamation.
- Share DO ONE THING Cards.

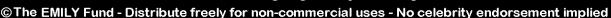
Peace Day Links

- UN.org/peaceday
- International Day of Peace.org
- IDPVigil.com
- PeaceDayBook.com
- PeaceOneDay.org
- PinwheelsforPeace.com
- ServiceForPeace.org
- URI.org/United_Nations.html
- WorldPeace.org/peaceday

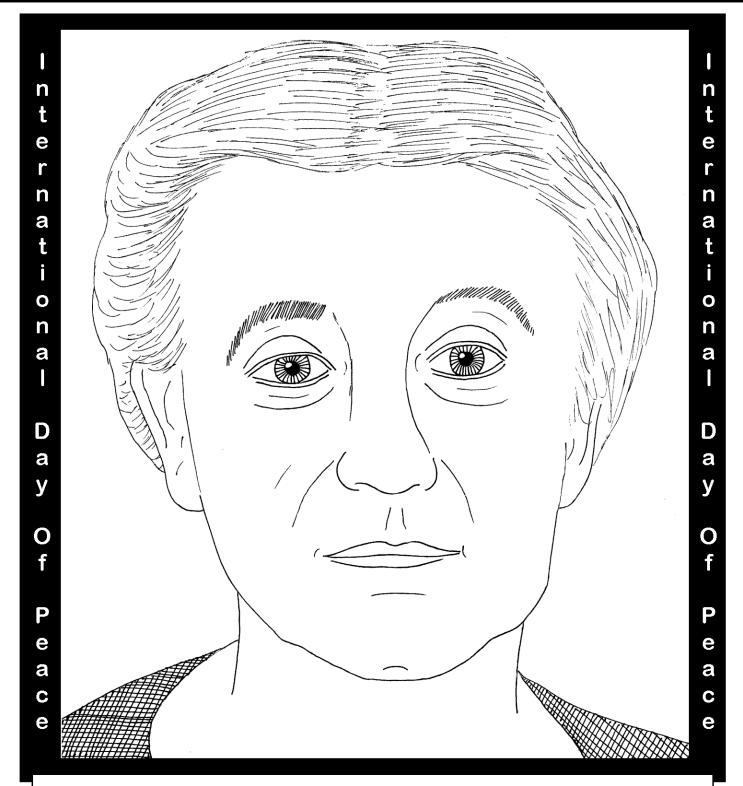


DO ONE THING

The Emily Fund - Education, Mentorship, Inspiration, Leadership, Youth for a better world DoOneThing.org - EmilyFund.org







"I believe that peace is not merely an absence of war but the nurture of human life, and that in time this nurture would do away with war as a natural process."

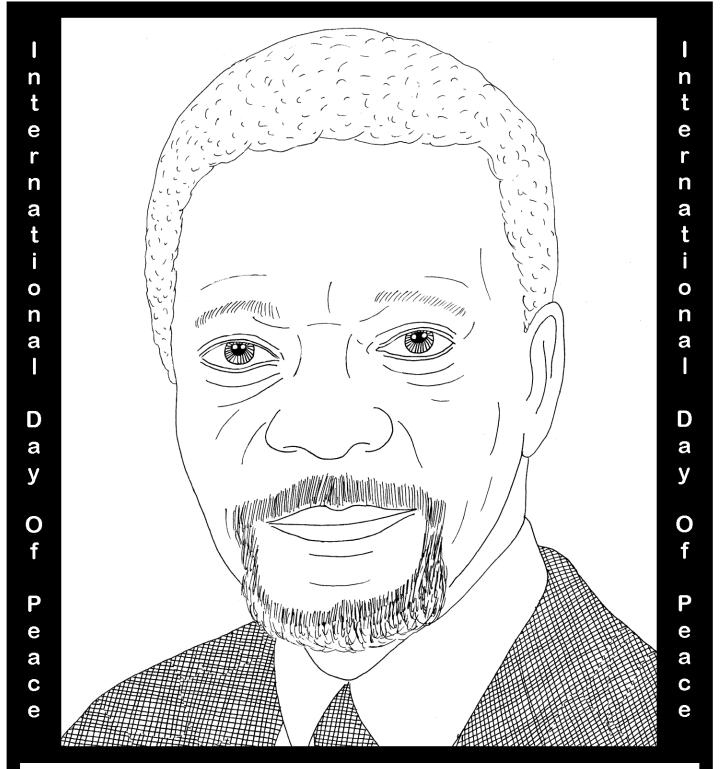
-- Jane Addams



"We have the ability to achieve, if we master the necessary goodwill, a common global society blessed with a shared culture of peace that is nourished by the ethnic, national and local diversities that enrich our lives."

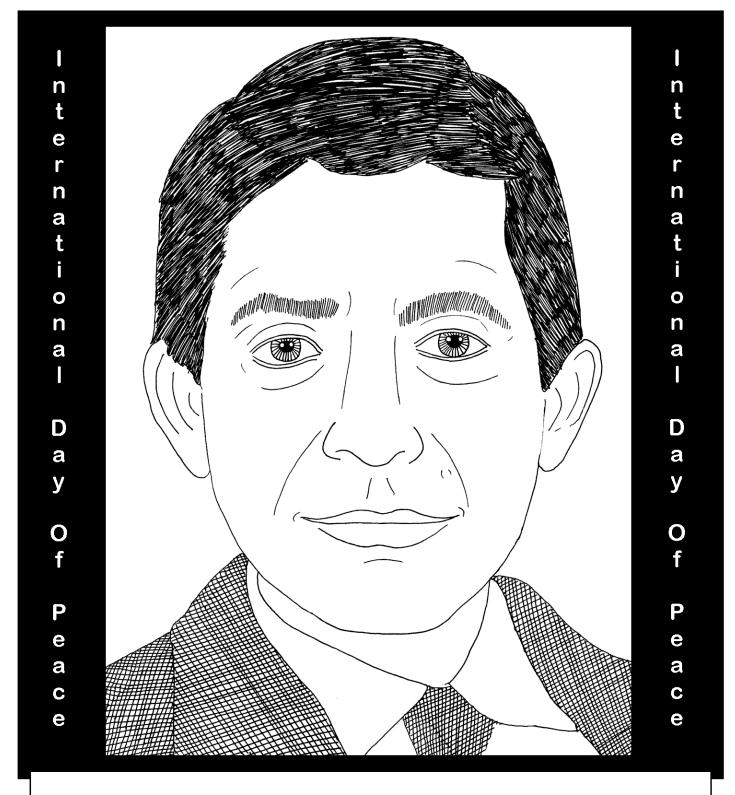
-- Mahnaz Afkhami

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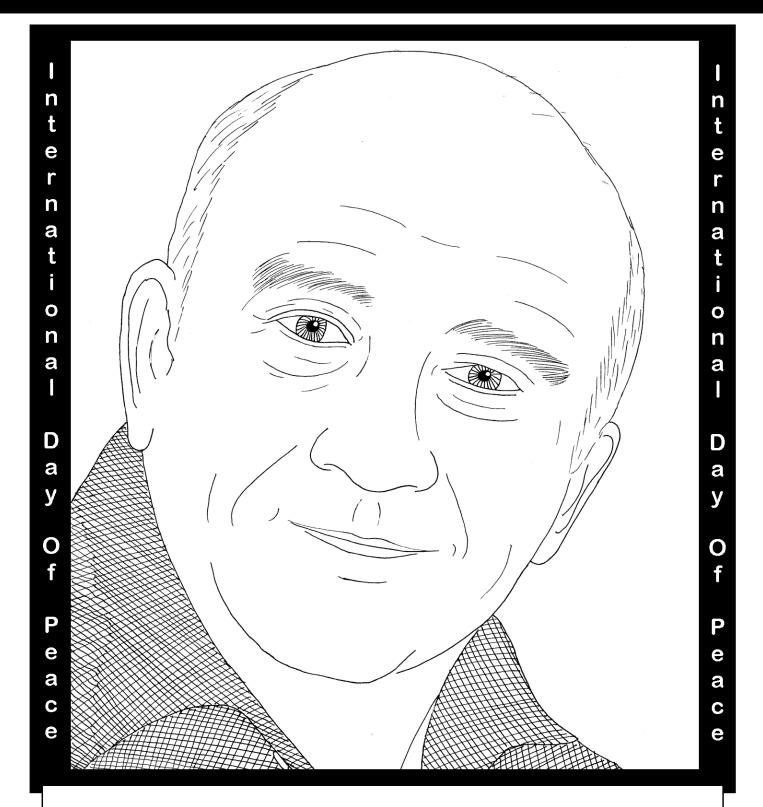
"It may seem sometimes as if a culture of peace does not stand a chance against the culture of war, the culture of violence and the cultures of impunity and intolerance. Peace may indeed be a complex challenge, dependent on action in many fields and even a bit of luck from time to time. It may be a painfully slow process, and fragile and imperfect when it is achieved. But peace is in our hands. We can do it."

-- Kofi Annan



"Peace consists, very largely, in the fact of desiring it with all one's soul."
-- Oscar Arias

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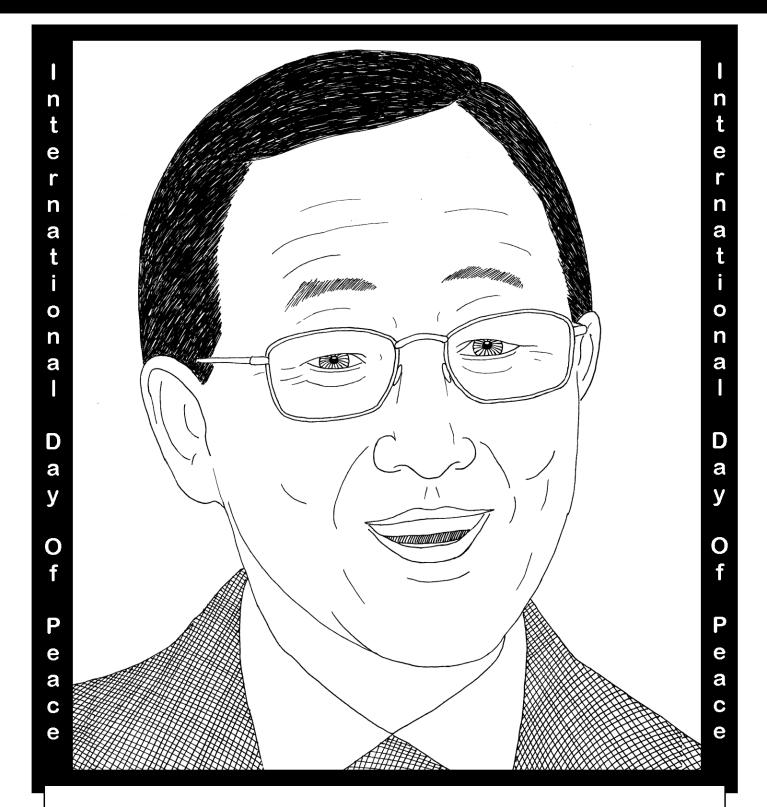


"As they used to say 'What if they gave a war and nobody came?'
How worthwhile if they declared a day of peace and everybody came."
-- Edward Asner



"I would say that I'm a nonviolent soldier. In place of weapons of violence, you have to use your mind, your heart, your sense of humor, every faculty available to you...because no one has the right to take the life of another human being."

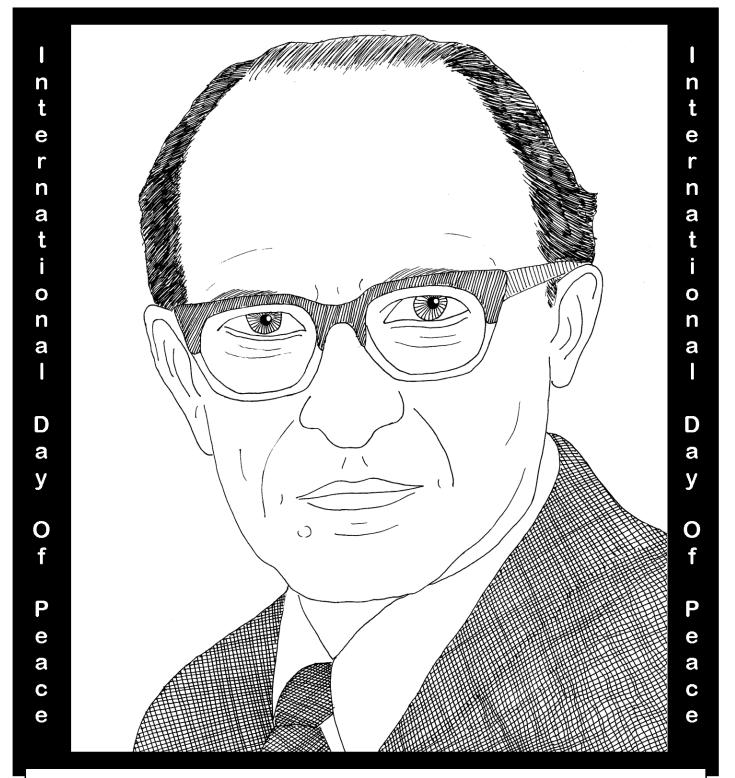
-- Joan Baez



"Let us pledge to do more, wherever we are in whatever way we can, to make every day a day of peace."

-- UN Secretary-General Ban Ki-moon

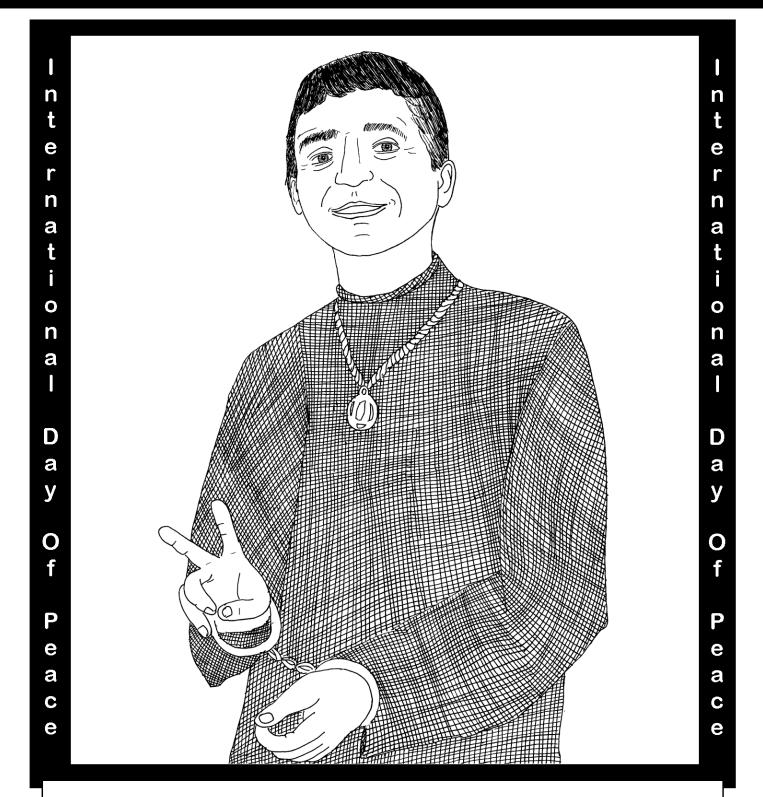
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"Peace is the beauty of life. It is sunshine. It is the smile of a child, the love of a mother, the joy of a father, the togetherness of a family. It is the advancement of man, the victory of a just cause, the triumph of truth. Peace is all of these and more and more."

-- Menachem Begin

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"Because we want the peace with half a heart and half a life and will, the war, of course, continues, because the waging of war, by its nature, is total - but the waging of peace, by our own cowardice, is partial."

-- Daniel Berrigan

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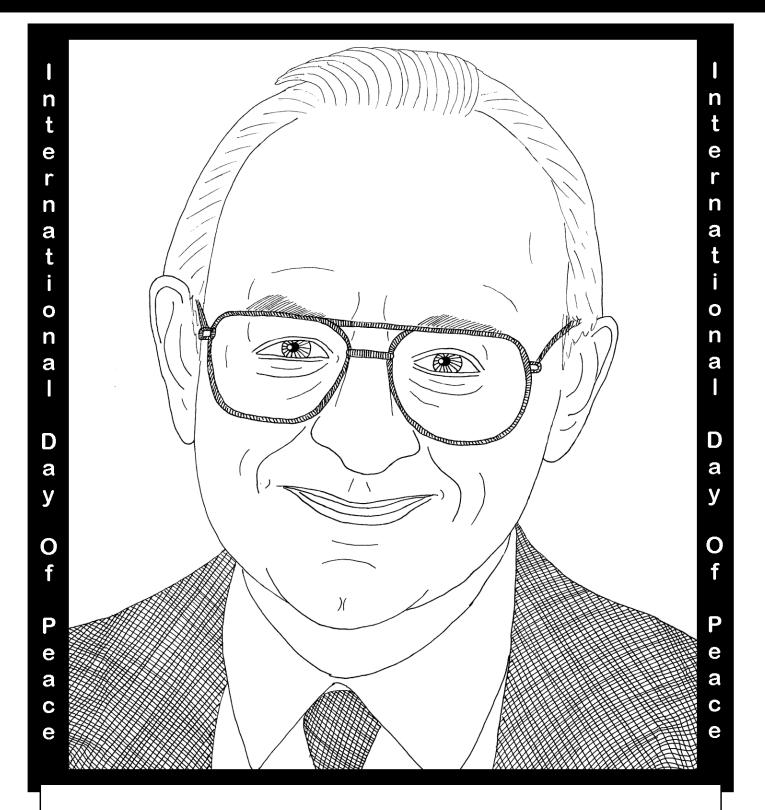
"Purusing peace means rising above one's own wants, needs, and emotions."
-- Benazir Bhutto

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"In these disturbing and distressing times, surely it's cheaper, and smarter, to make friends out of potential enemies than it is to defend yourself against them...Justice is the surest way to get peace."

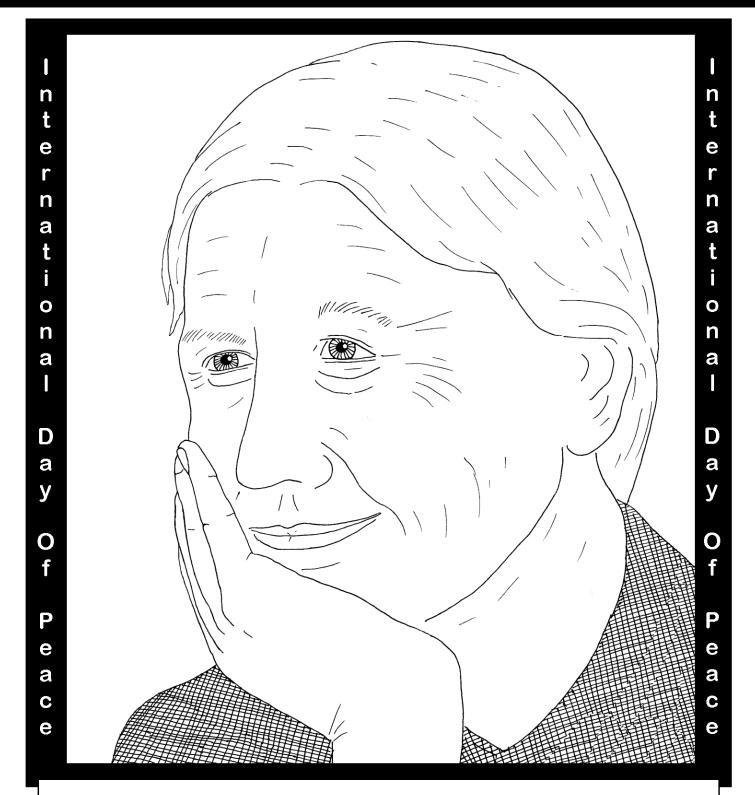
-- Bono



"Militarism is no longer a synonym for patriotism.

Our survival as a planet depends on maintaining peace and justice."

-- Blasé Bonpane



"War is not inherent in human beings. We learn war and we learn peace.

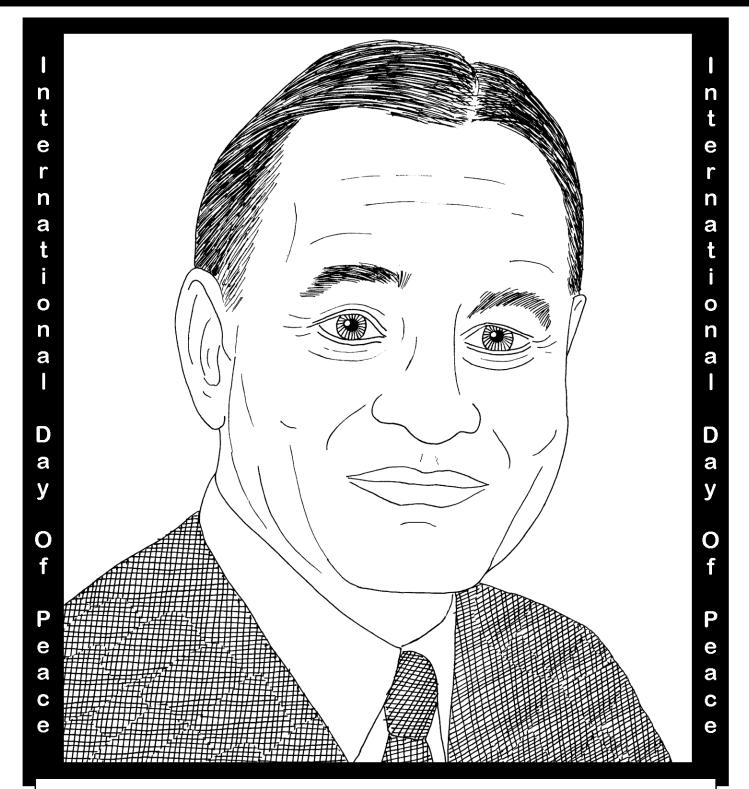
The culture of peace is something which is learned,
just as violence is learned and war culture is learned."

-- Elise Boulding



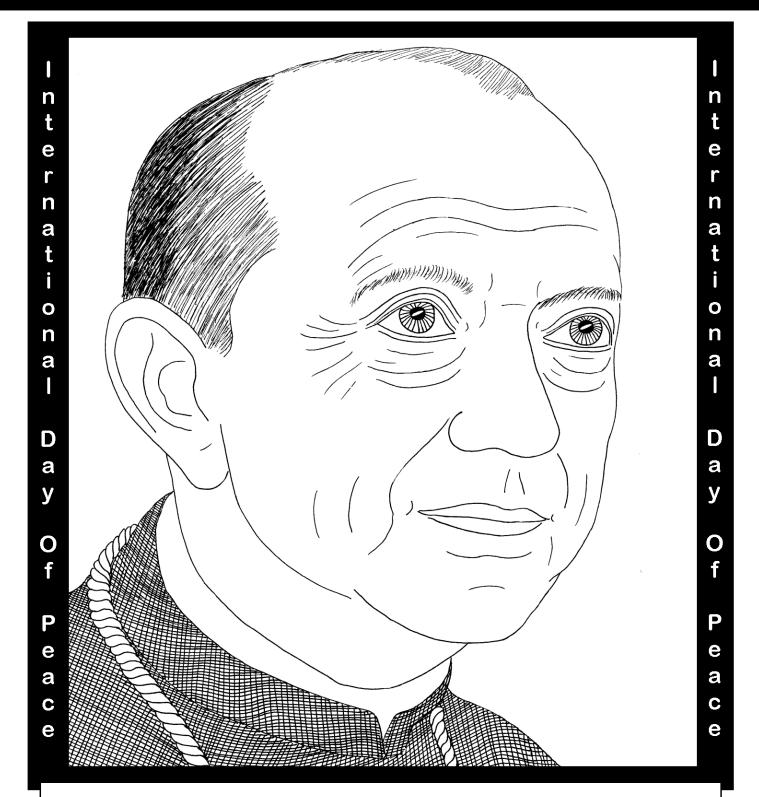
"Sexual, racial, gender violence and other forms of discrimination and violence in a culture cannot be eliminated without changing culture."

-- Charlotte Bunch



"May there be, in our time, at long last, a world at peace in which we, the people, may for once begin to make full use of the great good that is in us."

-- Ralph Bunche



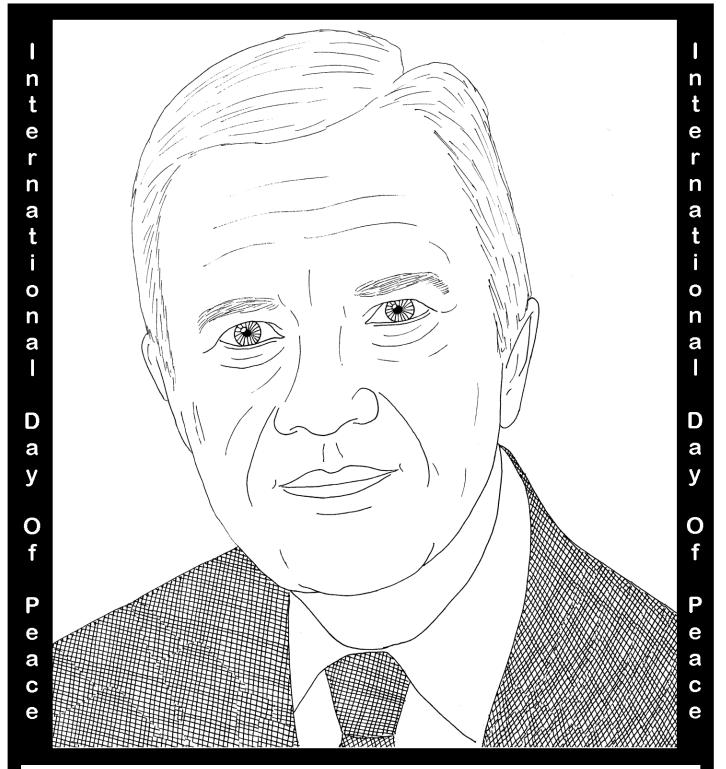
'Without justice and love, peace will always be the great illusion."
-- Dom Hélder Pessoa Câmara



"We cannot have peace among men whose hearts delight in killing any living creature. By every act that glorifies or even tolerates such moronic delight in killing we set back the progress of humanity."

-- Rachel Carson

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"It would be naïve to think that peace and justice can be achieved easily. No set of rules or study of history will automatically resolve the problems ... However, with faith and perseverance, ... complex problems in the past have been resolved in our search for justice and peace."

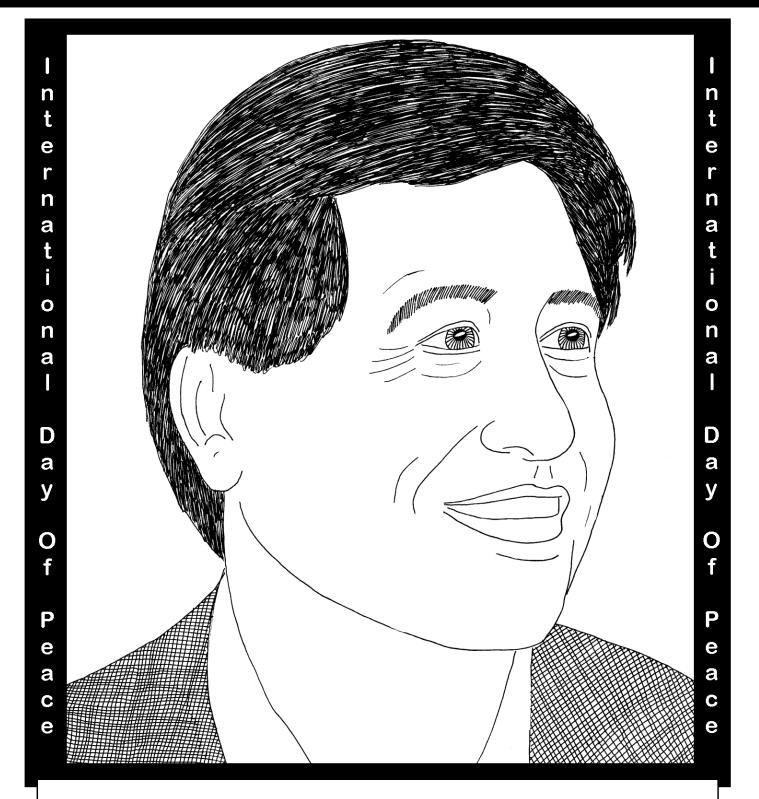
-- Jimmy Carter



"We live now in a global village and we are in one single family.

It's our responsibility to bring friendship and love from all different places around the world and to live together in peace."

-- Jackie Chan



"If people are not pacifists, it's not their fault. It's because society puts them in that spot. You've got to change it. You don't just change a manyou've got to change his environment as you do it."

-- Cesar Chavez

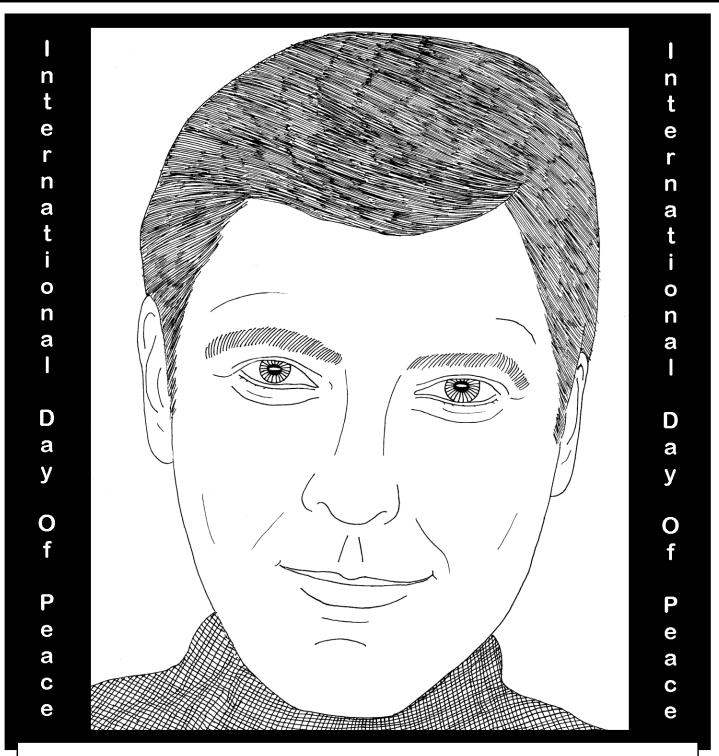
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"If we desire peace, we must prepare for peace.

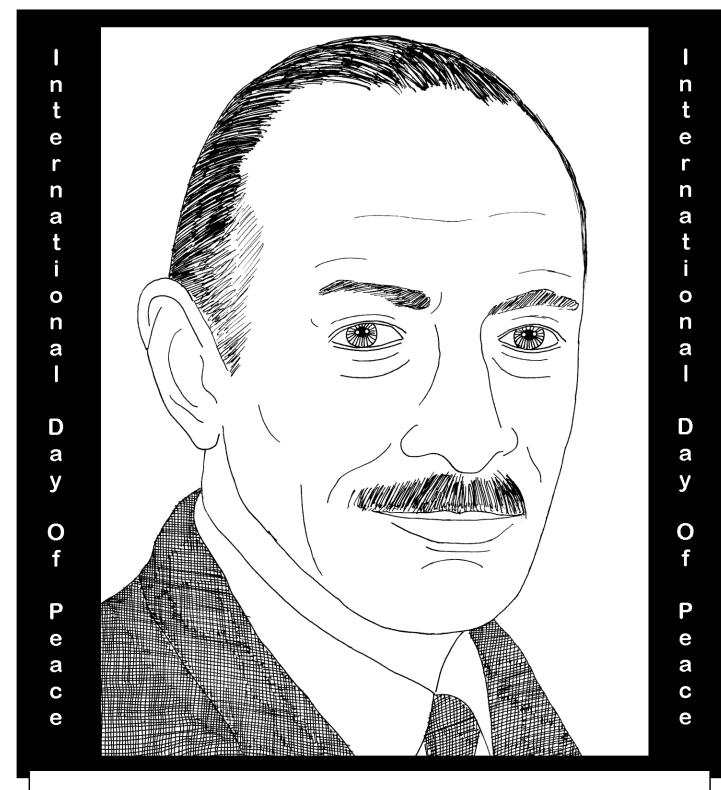
The most important thing is to build a culture of peace."

-- Ambassador Anwarul Chowdhury



"Peace is not just a colored ribbon. It's more than a wristband or a t-shirt. It's not just a donation or a 5 K race. It's not just a folk song, or a white dove. And peace is certainly more than a celebrity endorsement. Peace is a fulltime job. It's protecting civilians, overseeing elections, and disarming ex-combatants. The UN has over 100,000 Peacekeepers on the ground, in places others can't or won't go, doing things others can't or won't do. Peace, like war, must be waged."

-- George Clooney



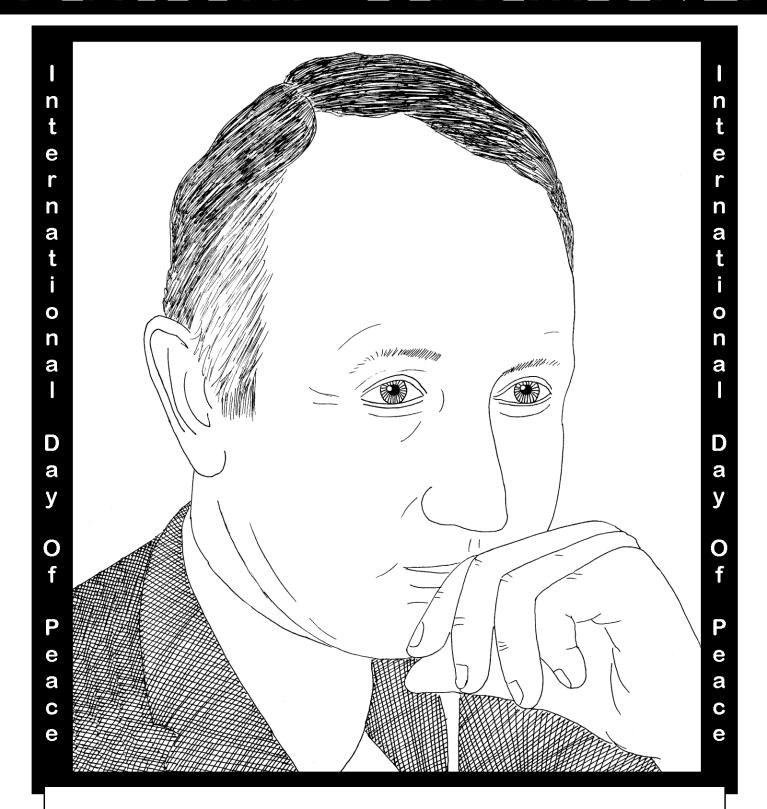
"A day of peace and sharing can lead to greater understanding and cooperation among political parties, faith groups, and people of different races and economic class."

-- John Conyers

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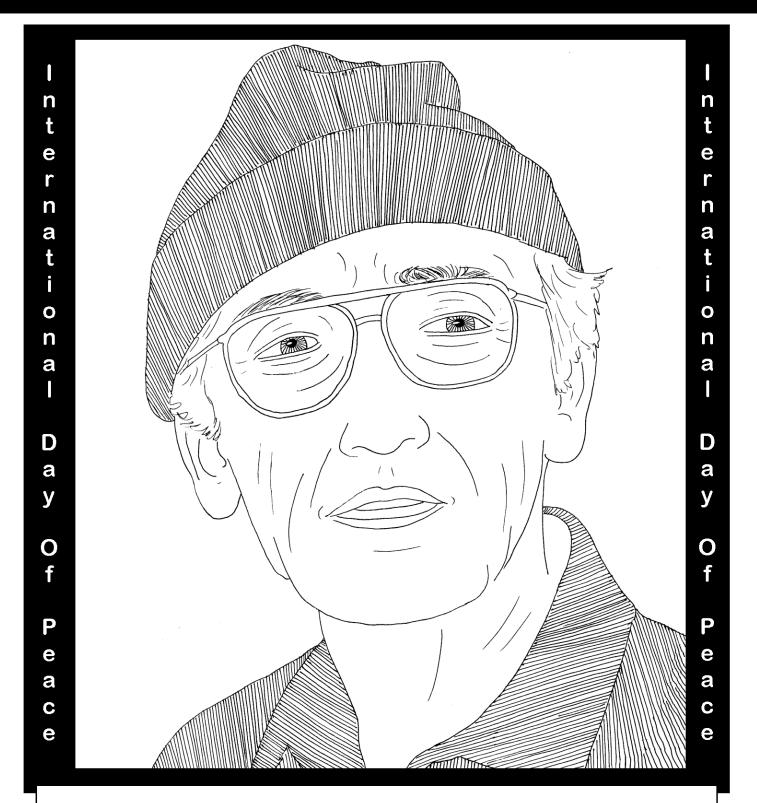
"What's so funny about peace, love and understanding?"
-- Elvis Costello



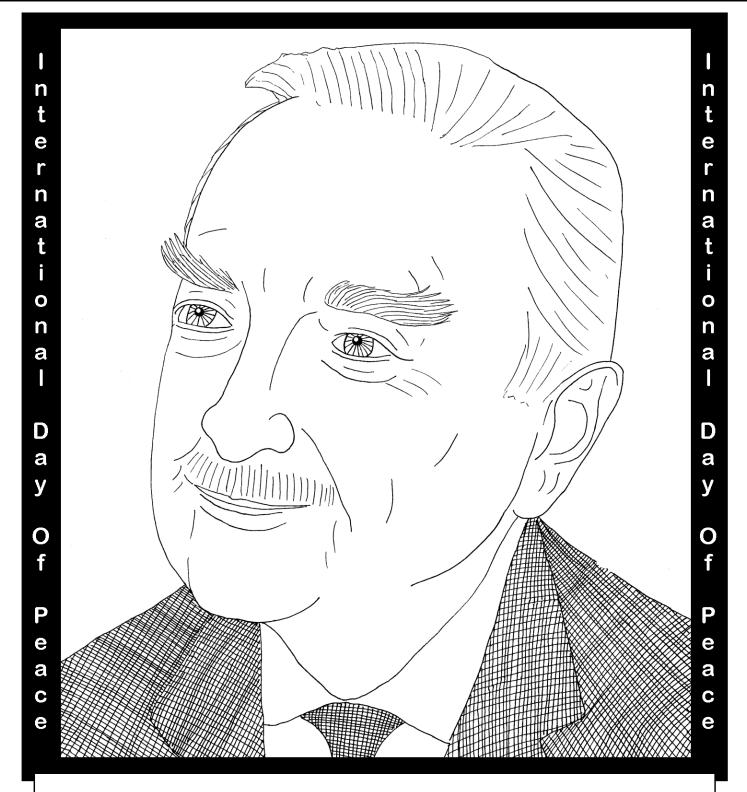
"War is an invention of the human mind.

The human mind can invent peace with justice."

-- Norman Cousins

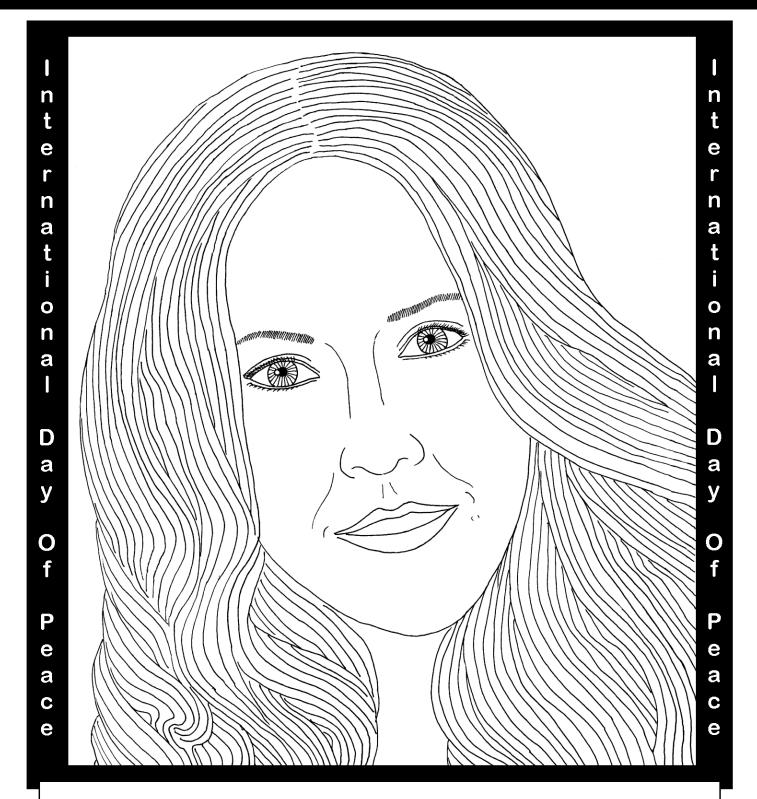


"We know how to organize warfare, but do we know how to act when confronted with peace?" -- Jacques Cousteau



"Those advocates who work for world peace by urging a system of world government are called impractical dreamers. Those impractical dreamers are entitled to ask their critics what is so practical about war."

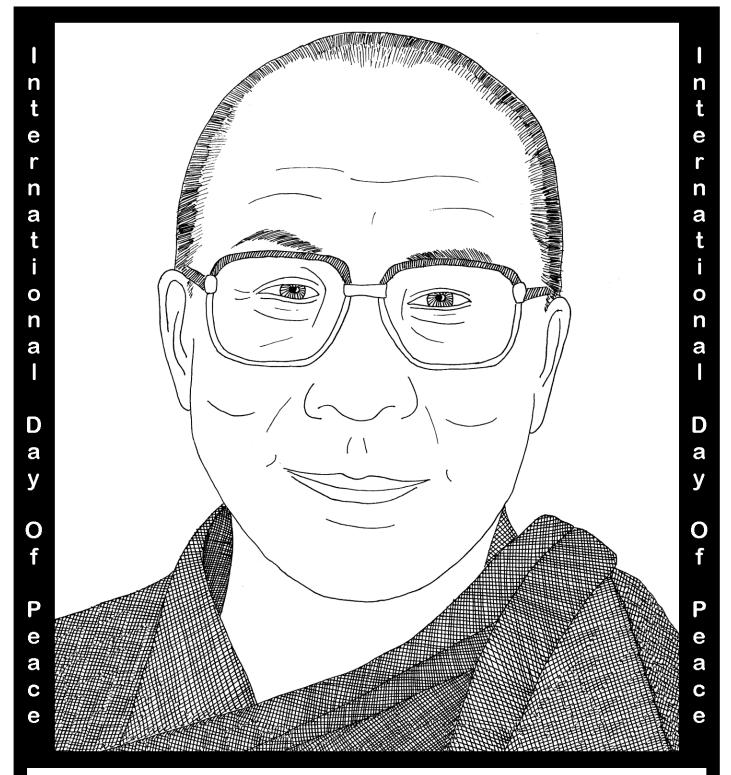
-- Walter Cronkite



"I think war is never the answer to solving any problems.

The best way to solve problems is to not have enemies."

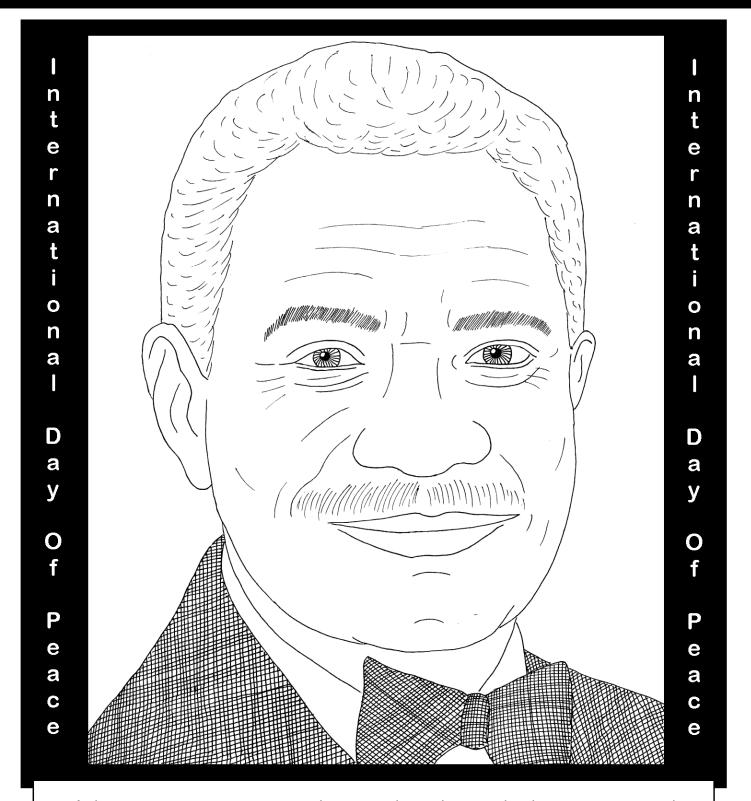
-- Sheryl Crow



"Peace can only last where human rights are respected, where the people are fed, and where individuals and nations are free."

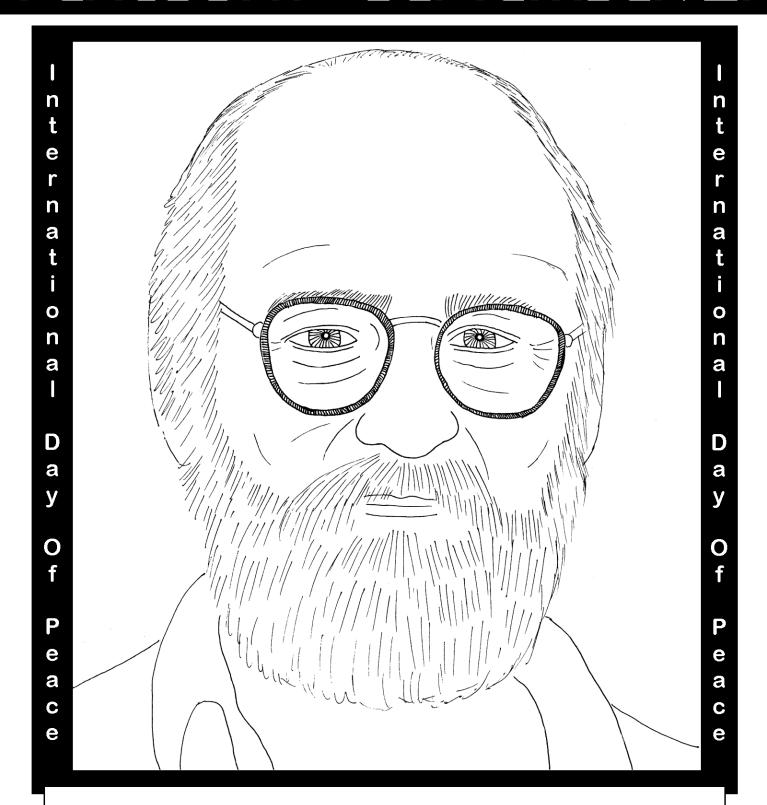
-- Dalai Lama

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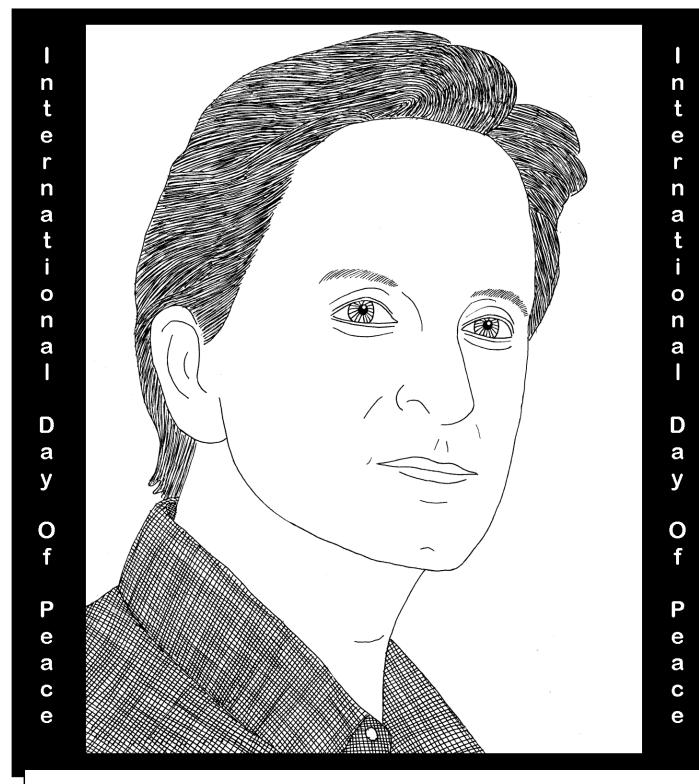


"It is necessary to stay on the march, to be on the journey, to work for peace wherever we are at all times, because the liberty we cherish, which we would share with the world, demands eternal vigilance."

-- Ossie Davis



"What if, for one day ...all the warring parties on Earth agreed not to fire a shot for twenty-four hours?
... One Day In Peace..."
-- Steve Diamond



"Human Rights for everyone is the necessary foundation upon which all of us may build a world where everybody may live in peace and serenity and plenty."

-- Michael Douglas

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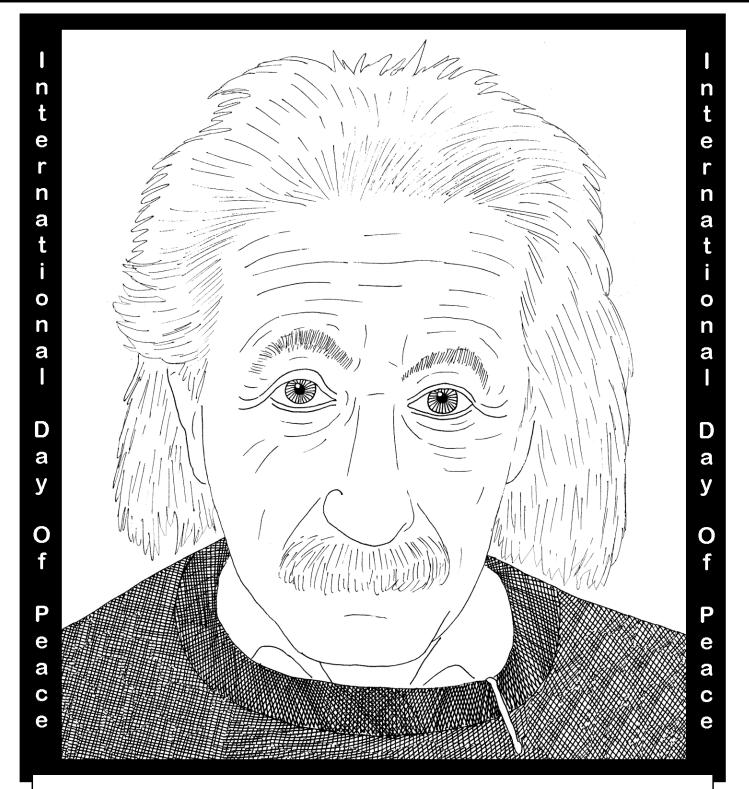
"We live in a complex world and the motivation to use violence to solve problems needs to be seriously questioned. It is essential that we help our children perceive peaceful alternatives. We need to use these troubled times as an opportunity to create a new vision for the future."

-- Naomi Drew

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> "...How many times must the cannon balls fly Before they're forever banned?" -- Bob Dylan

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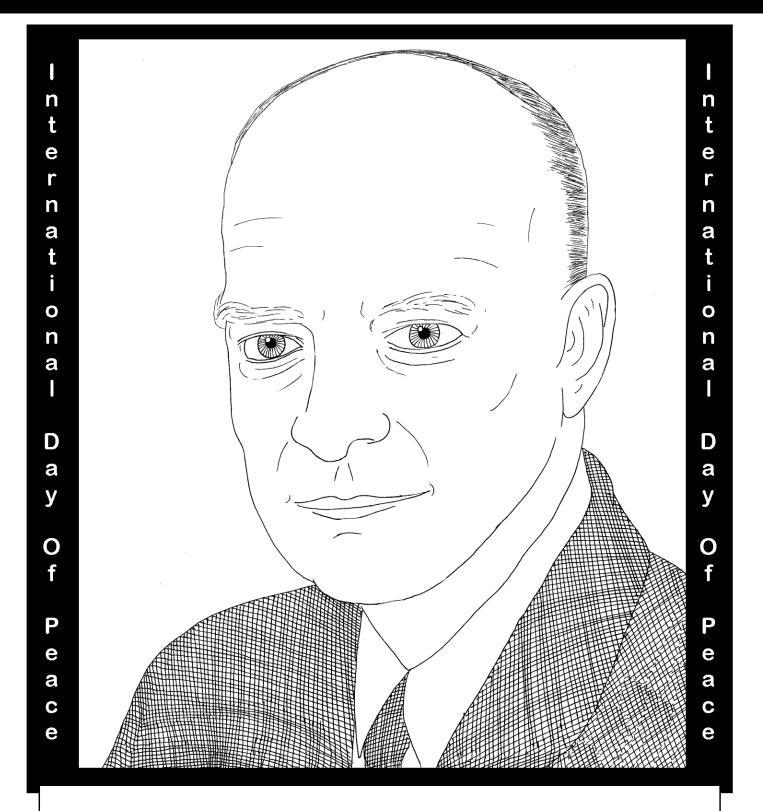
"Our schoolbooks glorify war and conceal its horrors.

They indoctrinate children with hatred.

I would teach peace rather than war, love rather than hate."

-- Albert Einstein

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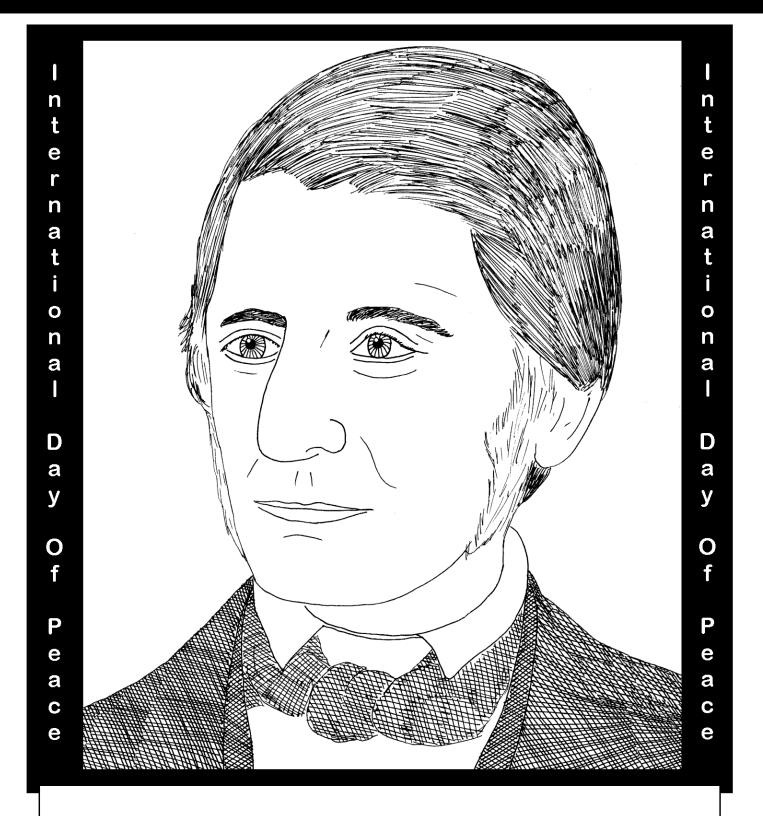
"In the goodness of time, all peoples will come to live together in a peace guaranteed by the binding force of mutual respect and love."

-- Dwight Eisenhower

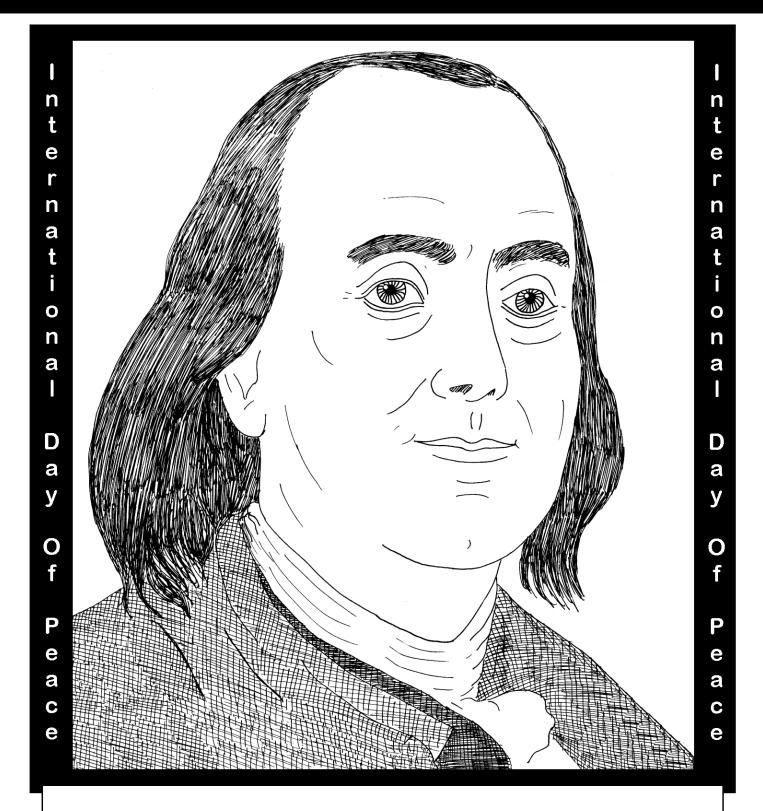
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"If governments were kind, they'd realize that conficts are resolved and wars prevented not by armies but by ordinary people."

-- Scilla Elworthy



"The real and lasting victories are those of peace and not of war."
-- Ralph Waldo Emerson



"There was never a good war or bad peace."
-- Ben Franklin



"Taxes allocated for war represent a distortion of priorities.

Money is taken away from the important work of healing
and is spent to destroy and kill."

-- Marian Franz

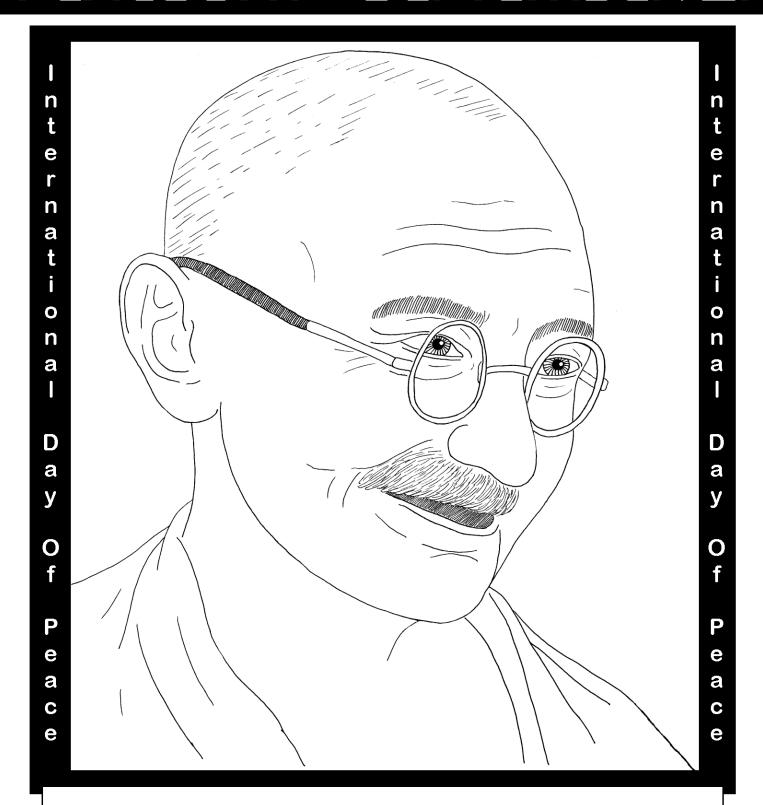
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"Either war is obsolete, or men are."
-- R. Buckminster Fuller

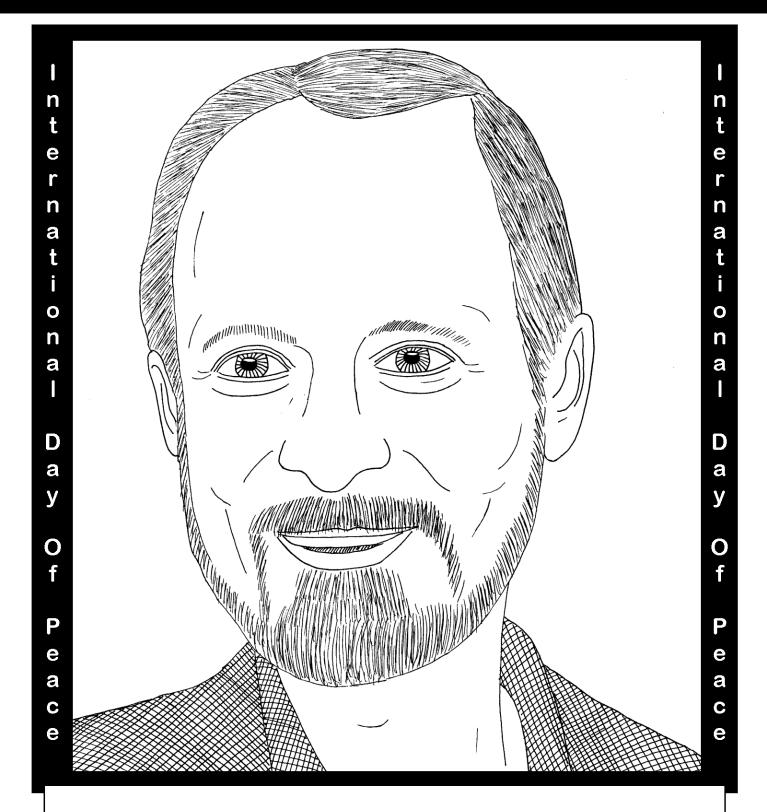


"Everywhere we turn, we see violence and hate and prejudice and anger and all of these negative emotions that are destroying humanity. And we have to wake up and take note of this and try to change our course, so that we can create a world of peace and harmony where future generations can live happily together."

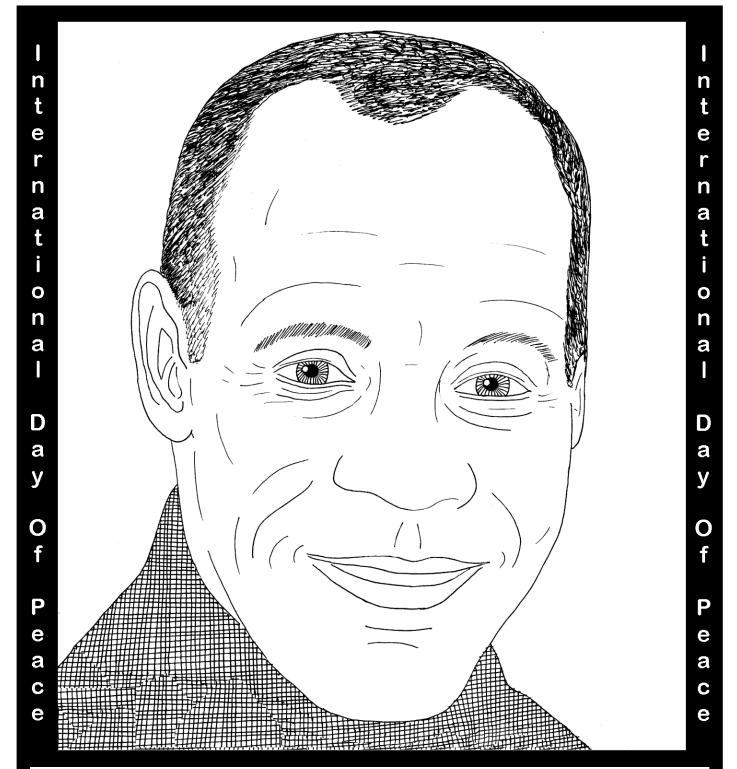
-- Arun Gandhi



"It is possible to live in peace."
-- Mohandas Gandhi



"We must replace wars and weapons with negotiations and talks."
-- Akbar Ganji



"It is the most painful thing to see how young children become collateral damage of wars, but when peace treaties are signed landmines do not respect any of these accords. And as long as these silent killers linger after wars, children will never know peace."

-- Danny Glover

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"May peace prevail on earth!"
-- Masahisa Goi

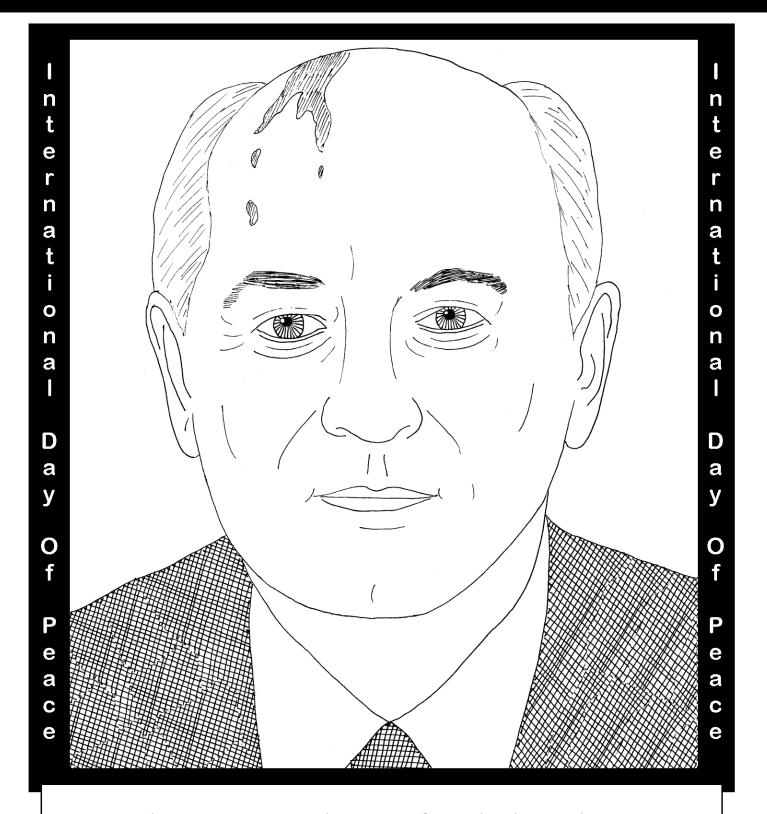


"We humans, therefore, have a choice ahead of us, we don't have to go the aggressive route.

We can push and push and push towards love and compassion.

That is where I believe human destiny ultimately is taking us."

-- Jane Goodall



"Today, peace means the ascent from simple coexistence to cooperation and common creativity among countries and nations."

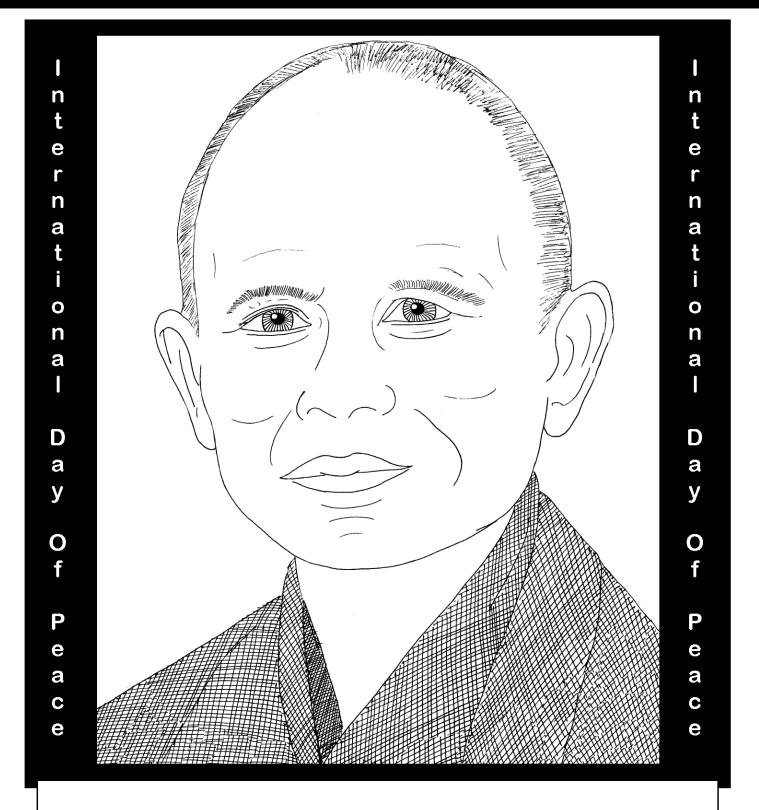
-- Mikhail Gorbachev

Do One Thing for a Better World

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"The pursuit of peace and progress cannot end in a few years in either victory or defeat. The pursuit of peace and progress, with its trials and errors, its successes and setbacks, can never be relaxed and never abandoned."

-- Dag Hammarskjöld



"Our capacity to make peace with another person and with the world depends very much on our capacity to make peace with ourselves."

-- Thich Nhat Hanh

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"Women know how much time, love and effort goes into raising a child. When war arises, all that is reduced to nothing...this is why women's active participation in conflict resolution is of great importance."

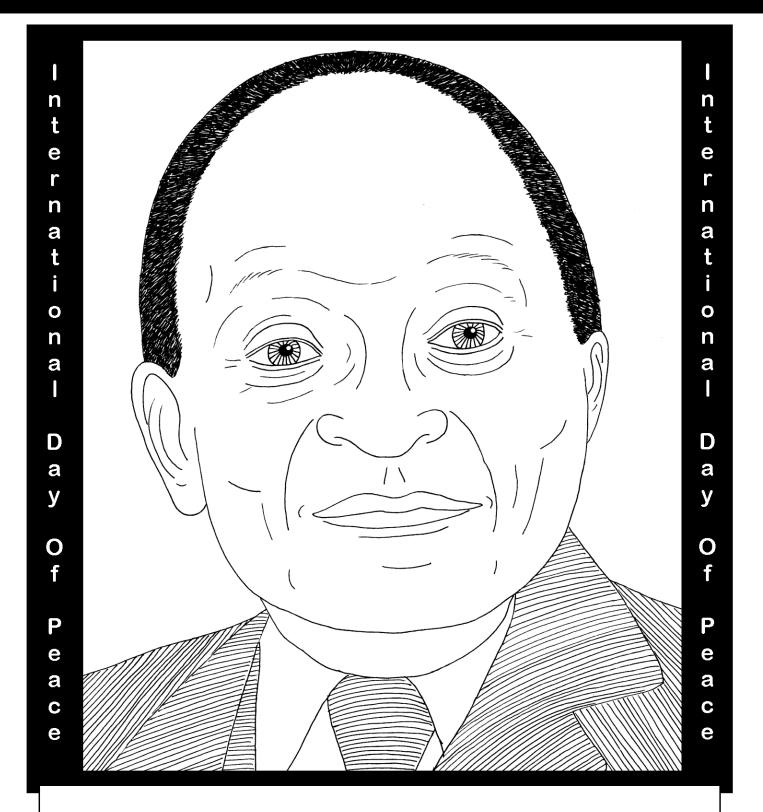
-- Hazel Henderson

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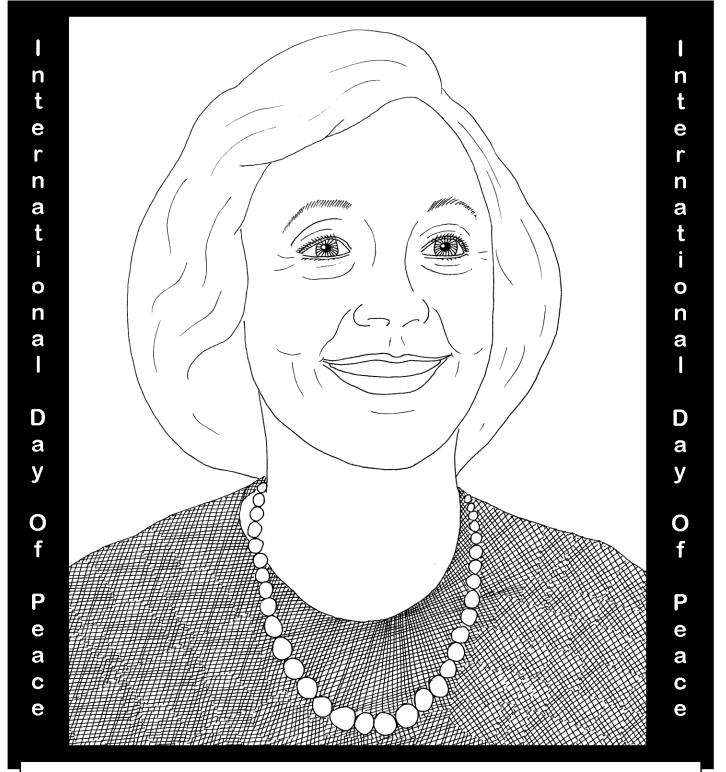
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"When the power of love overcomes the love of power the world will know peace."

-- Jimi Hendrix



"Peace is not an empty word but a form of behaviour."
-- Félix Houphouët-Boigny

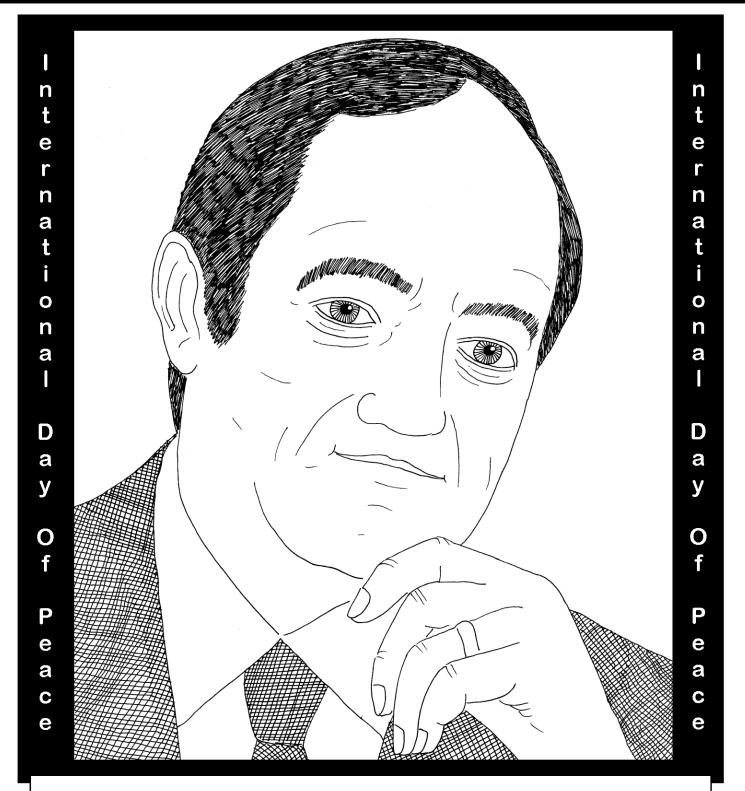


"There has always been a longing in the human heart for a more just, free, loving and creative society. But it was never before possible to fulfill these aspirations, because we had neither the evolutionary drivers and global crises to force us to change, nor did we have the scientific and technological powers that can free us from the limitations of scarcity, poverty, disease, and ignorance. This is the time of awakening for the social potential movement."

— Barbara Marx Hubbard

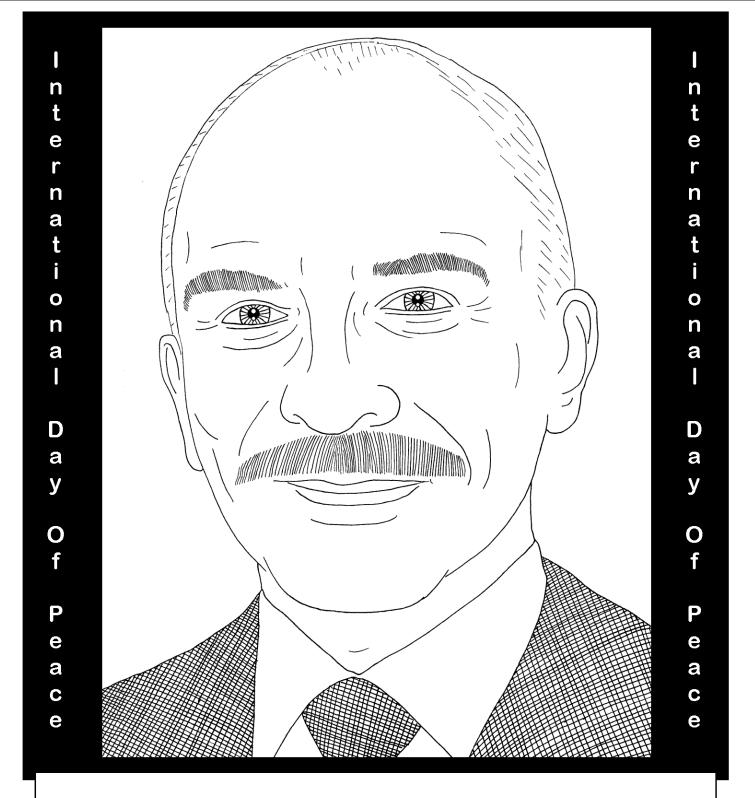


"The basis of peace and stability, in any society, has to be the fullest respect for the human rights of all its people."
-- John Hume



"The pursuit of peace resembles the building of a great cathedral. It is the work of a generation. In concept it requires a mater-architect; in execution, the labors of many."

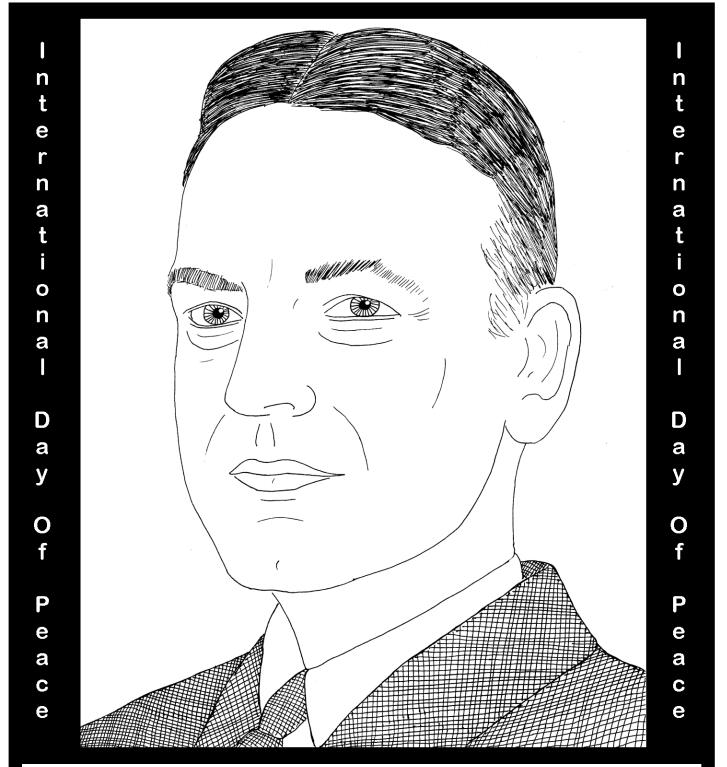
-- Hubert Humphrey



"Nothing is more useless in developing a nation's economy than a gun, and nothing blocks the road to social development more than the financial burden of war. War is the arch enemy of national progress and the modern scourge of civilized man."

-- King Hussein of Jordan

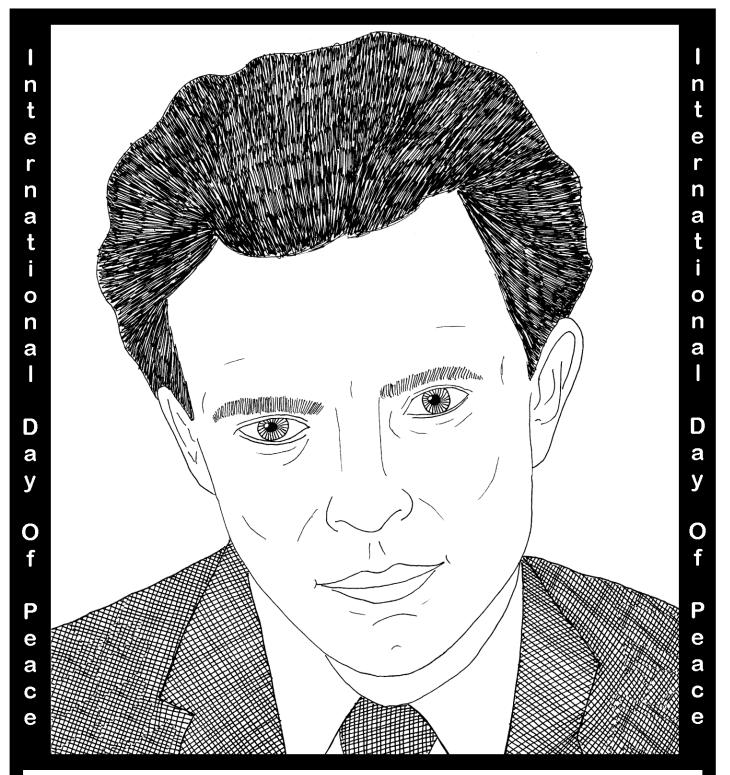
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"The goal toward which all history tends is peace, not peace through the medium of war, not peace through a process of universal intimidation, not peace through a program of mutual impoverishment...but peace pure and simple based on that will to peace which has animated the overwhelming majority of mankind through countless ages. This will to peace does not arise out of a cowardly desire to preserve one's life and property, but out of conviction that the fullest development of the highest powers of men can be achieved only in a world of peace."

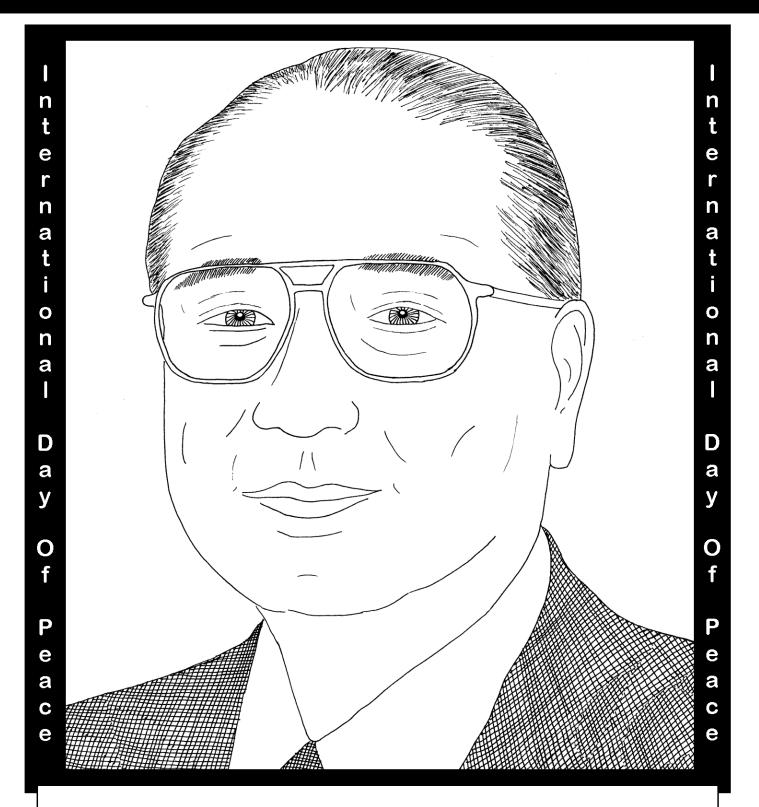
— Robert Maynard Hutchins

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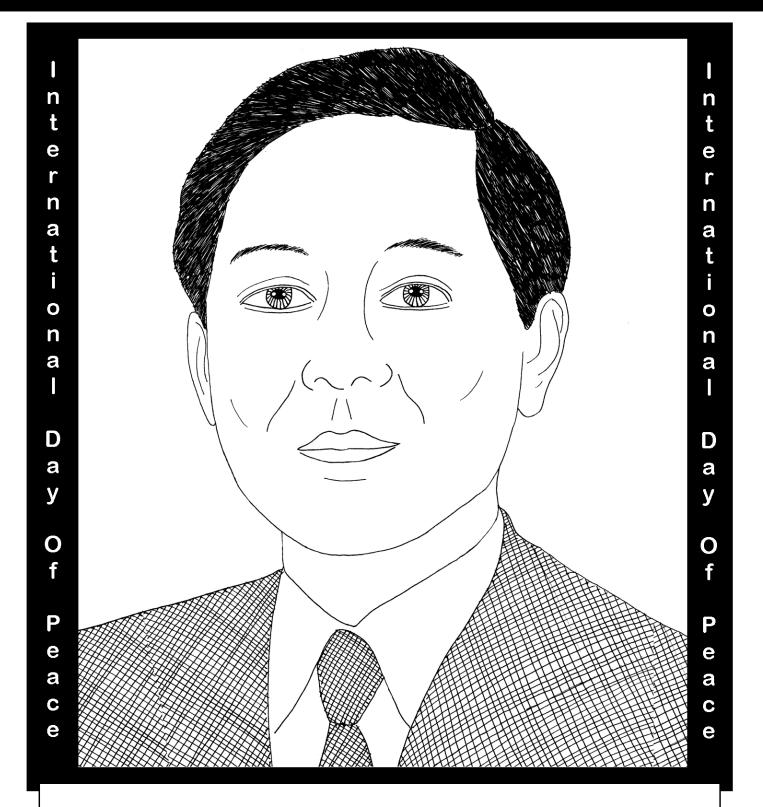
"The most shocking fact about war is that its victims and its instruments are individual human beings, and that these individual beings are condemned by the monstrous conventions of politics to murder or be murdered in quarrels not their own."

-- Aldous Huxley



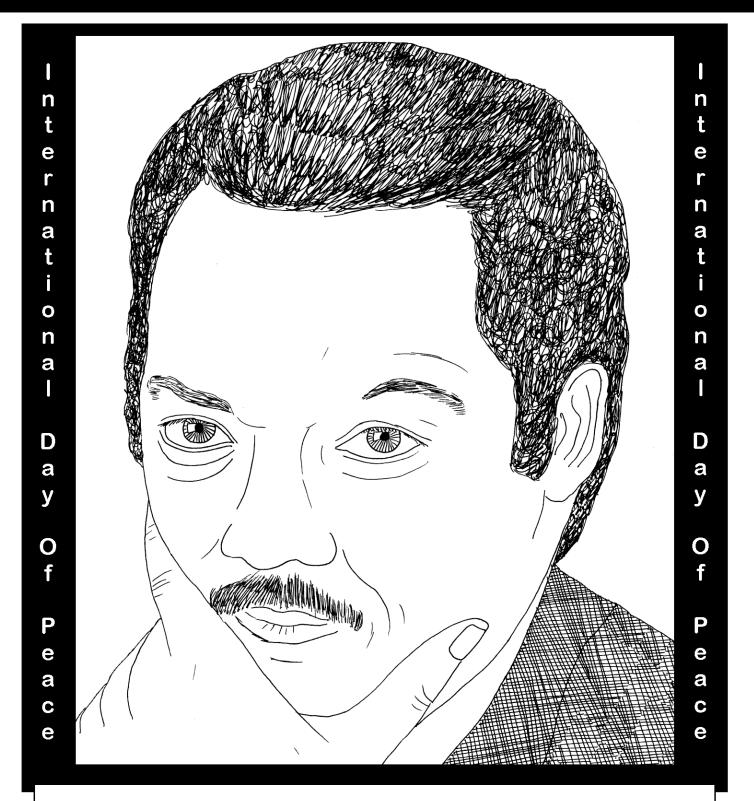
'Let us join our efforts toward building the unshakable foundations for a culture of peace."

-- Daisaku Ikeda



"We proclaim our commitment to continue to strive for the establishment of lasting world peace."
-- Iccho Itoh

Do One Thing for a Better World



"Peace is the alternative to war, and nonviolence should be seen as the antidote to violence, not simply as its opposite. Nonviolence is more concerned with saving life than with saving face."

-- Jesse Jackson



"I do not want the peace which passeth understanding.

I want the understanding which bringeth peace."

-- Helen Keller



"Peace is a daily, a weekly, a monthly process, gradually changing opinions, slowly eroding old barriers, quietly building new structures."

-- John F. Kennedy

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"The world does not need a war against 'terrorism', it needs a culture of peace based on human rights for all."
-- Irene Khan

Do One Thing for a Better World



"Violence against women is an appalling human rights violation. But it is not inevitable. We can put a stop to this."
-- Nicole Kidman



"Peace is a culture that we create by putting it in the curriculum for young people, through creating this next generation where young people get a chance to go across borders, across cultures, to learn more about each other's life, to create a global community, learn about opportunities for helping others. It's investing in peace and tolerance training, ending the gap between rich and poor."

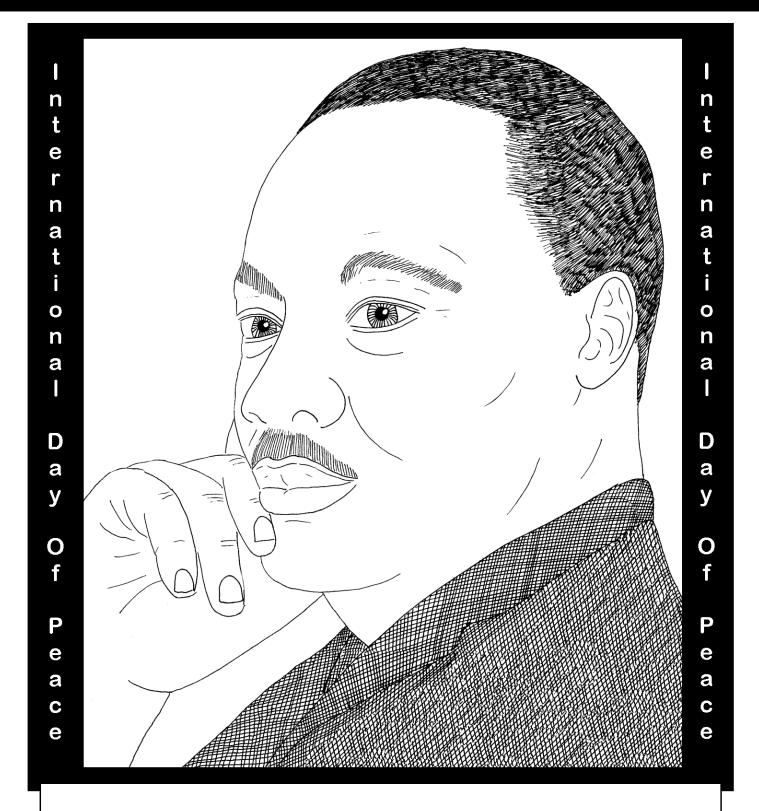
-- Craig Kielburger



"...We have an historic opportunity for a great global healing and renewal.

If we will accept the challenge of nonviolent activism with faith, courage, and determination, we can bring this great vision of a world united in peace and harmony from a distant ideal into glowing reality."

-- Coretta Scott King



"So we must fix our vision not merely on the negative expulsion of war, but upon the positive affirmation of peace."

-- Martin Luther King, Jr.

Do One Thing for a Better World

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"Pacifism simply is not a matter of calm looking on; it is work, hard work."
-- Käthe Kollwitz

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"We want peace!"
-- Lenny Kravitz

Do One Thing for a Better World

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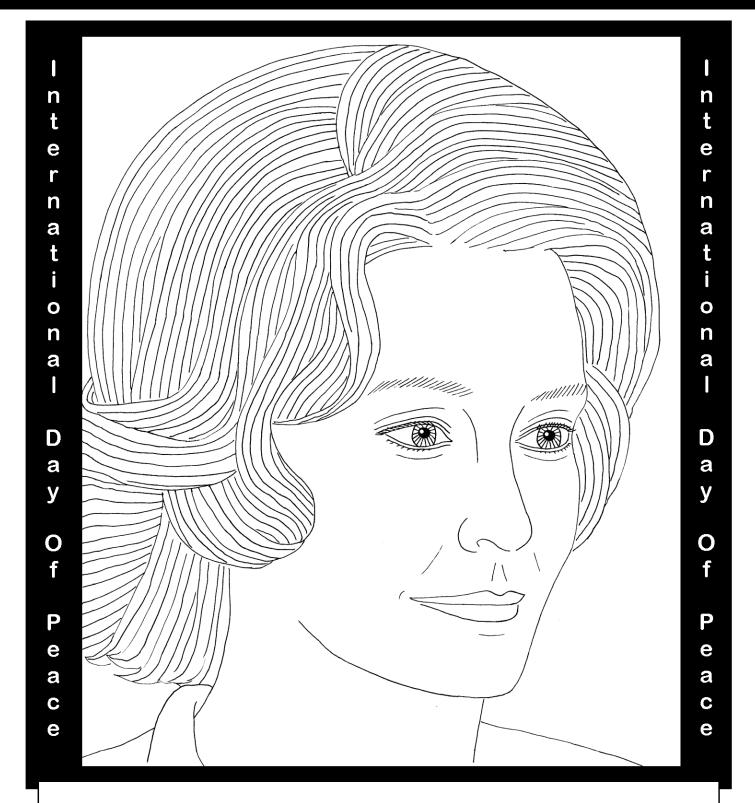
"Peace is a civil right which makes other human rights possible.

Peace is a precondition for our existence.

Peace permits our continued existence."

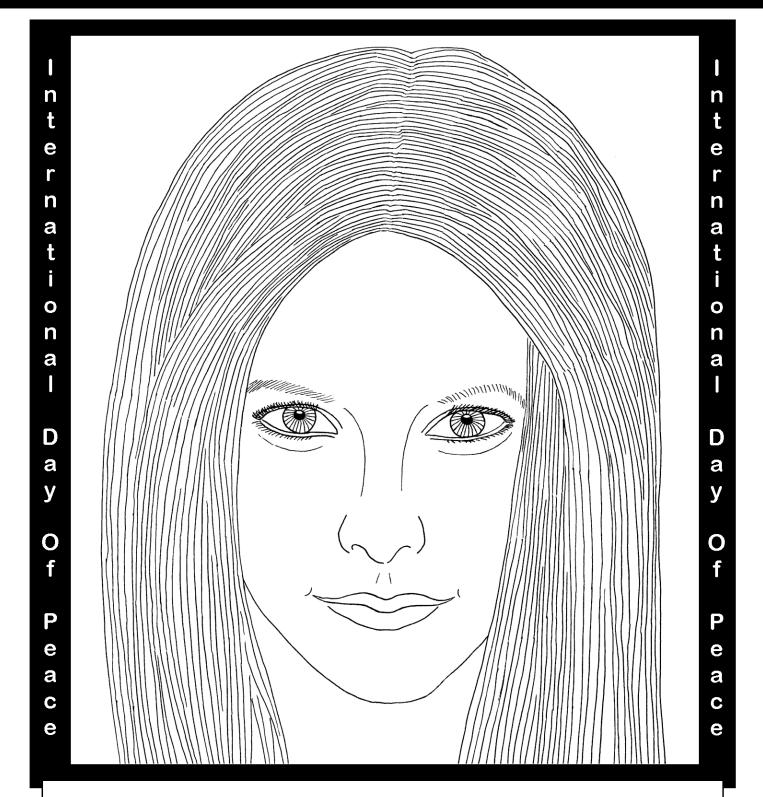
-- Dennis Kucinich

Do One Thing for a Better World



"...we must remain hopeful that, for our children and our children's children, that we are not a warring nation, but we will embrace and practice true compassion and honor the ideals of peace and freedom, and we will not give up."

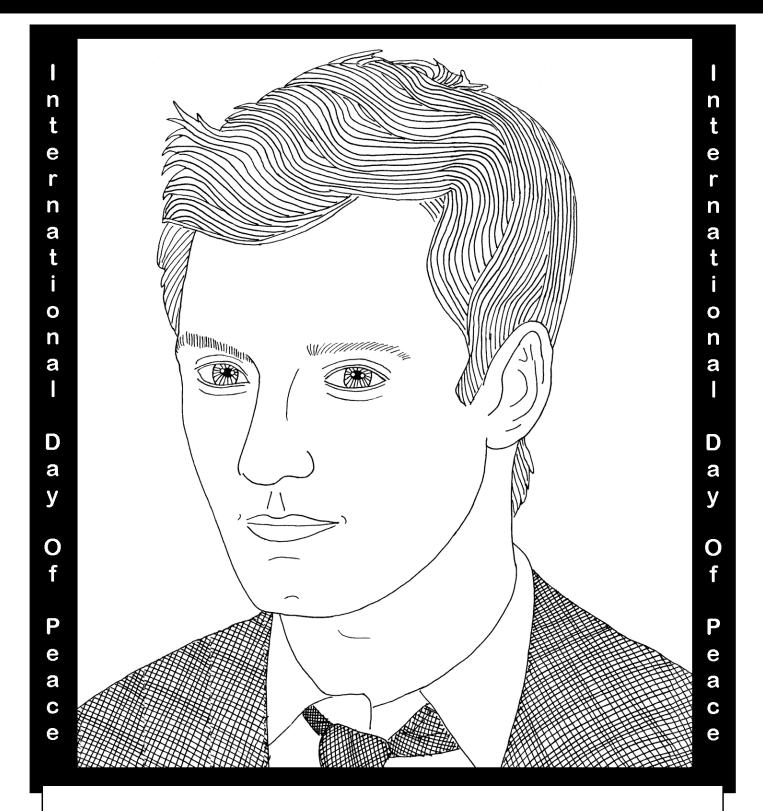
-- Jessica Lange



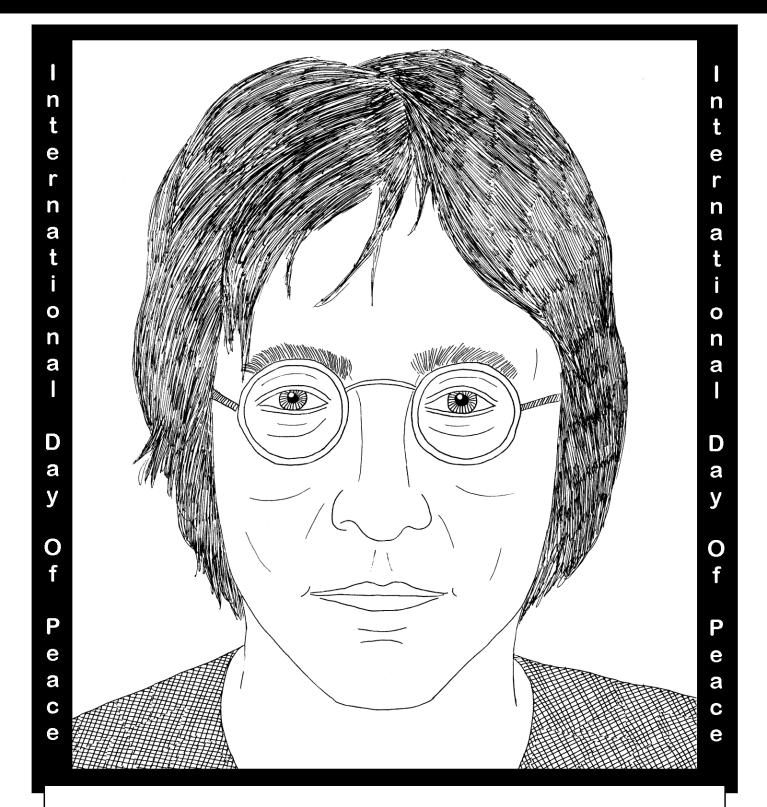
"I don't believe war is a way to solve problems.

I think it's wrong."

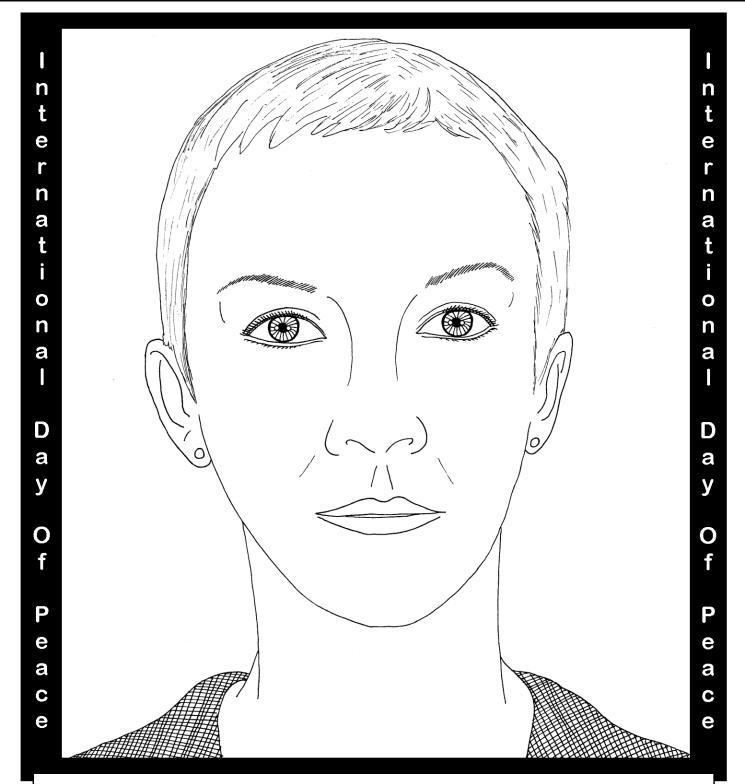
-- Avril Lavigne



"I think the message of peace is for everyone."
-- Jude Law



"All we are saying is give peace a chance..."
-- John Lennon



"Something that's of common interest to every man, woman and child on the planet must surely be the notion of 'Peace'. Without 'Peace' we cannot survive...Peace Day has been established by the United Nations on the 21 September, and the whole world is invited to participate."

-- Annie Lennox



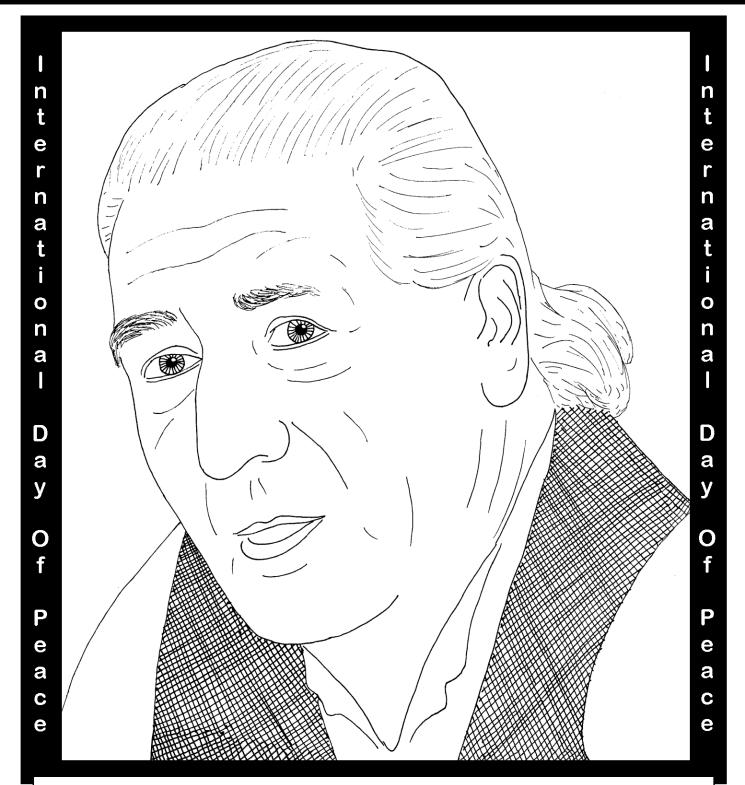
"With malice toward none, with charity for all...
let us strive on to finish the work we are in
...to do all which may achieve and cherish
a just and lasting peace among ourselves and with all nations."
-- Abraham Lincoln

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"Indigenous Peoples have always believed that peace is central to human security and all life forms that exist in a community, a nation, Mother Earth and the universe..."

-- Hilda Lini



"We can still alter our course. It is NOT too late. We still have options.

We need the courage to change our values to the regeneration of our families, the life that surrounds us...We must join hands with the rest of Creation and speak of Common Sense, Responsibility, Brotherhood, and PEACE."

-- Chief Oren Lyons



"Therefore my challenge to each of you ... is that you ask yourself what you can do to make a difference. And then take that action, no matter how large or how small. For our children have a right to peace."

-- Graça Machel-Mandela

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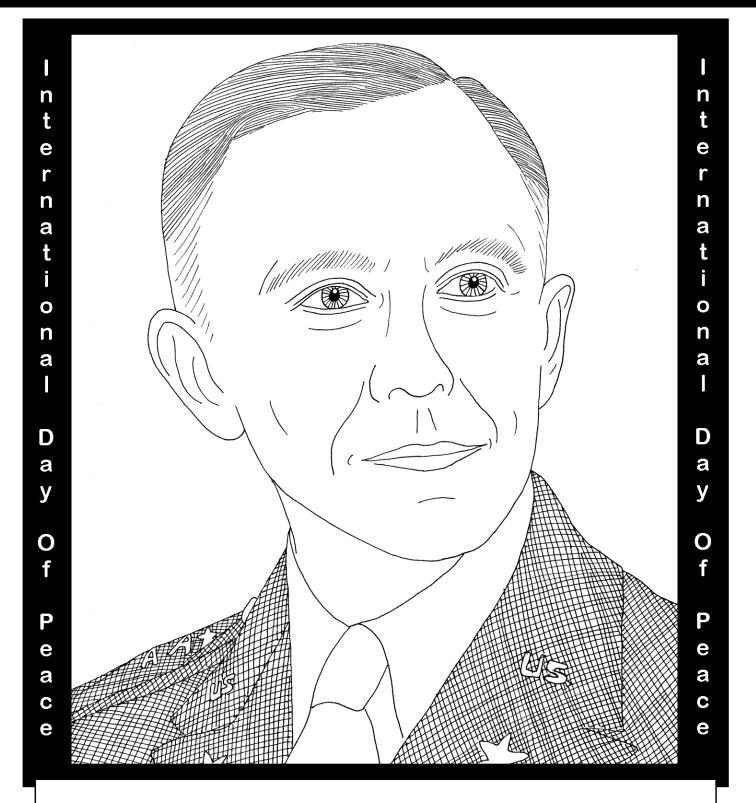
"...l am pro-peace..."
-- Madonna



"We have really got to create a culture in our world today where we recognize that every human life is sacred and precious and we have no right to take another human life."

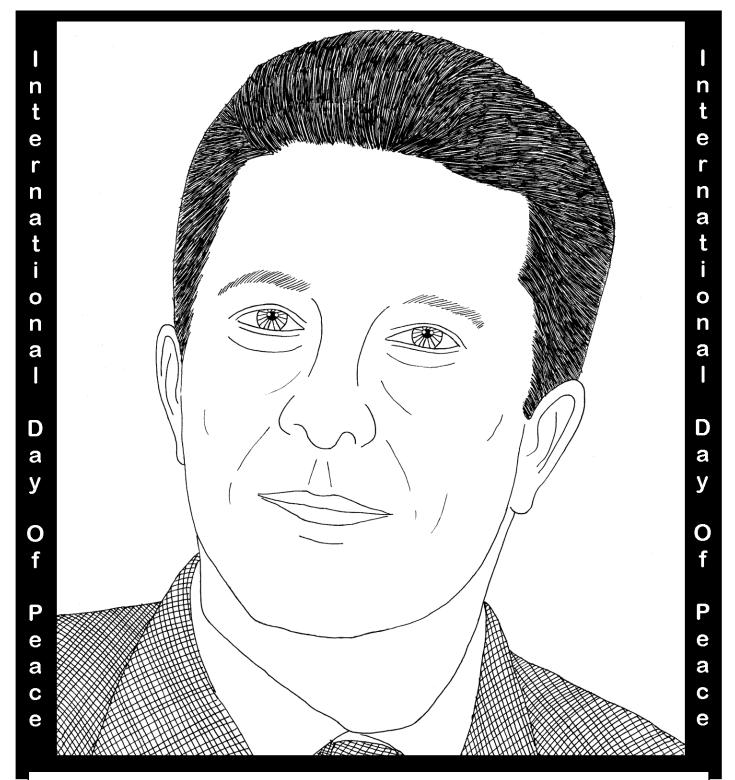
-- Mairead Corrigan Maguire

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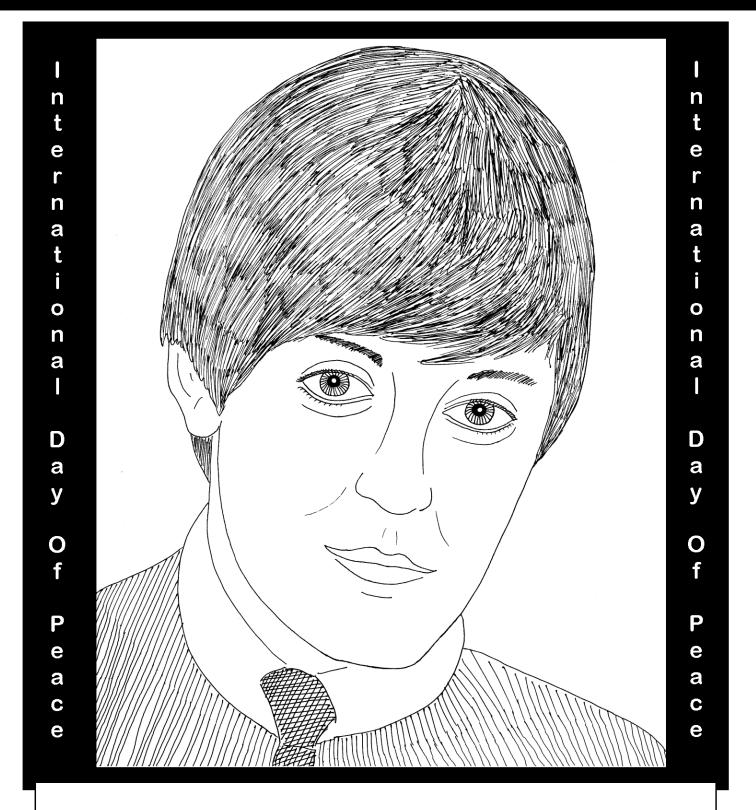
"Wars are bred by poverty and oppression. Continued peace is possible only in a relatively free and prosperous world."

-- General George Marshall



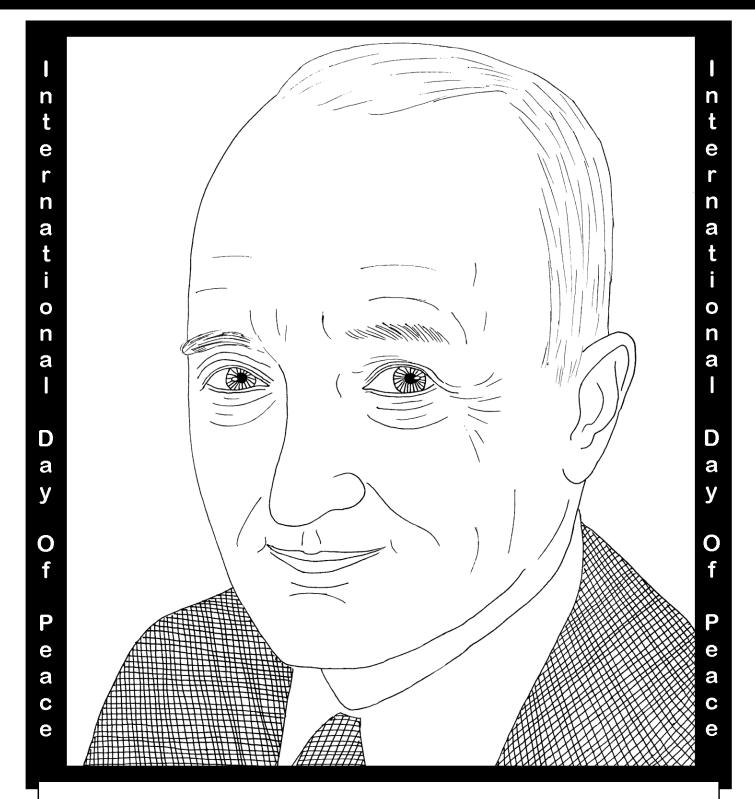
"A universal renunciation of violence requires the commitment of the whole of society...The mobilization which is urgently needed to effect the transition ...from a culture of war to a culture of peace demands co-operation from everyone. In order to change, the world needs everyone."

-- Federico Mayor



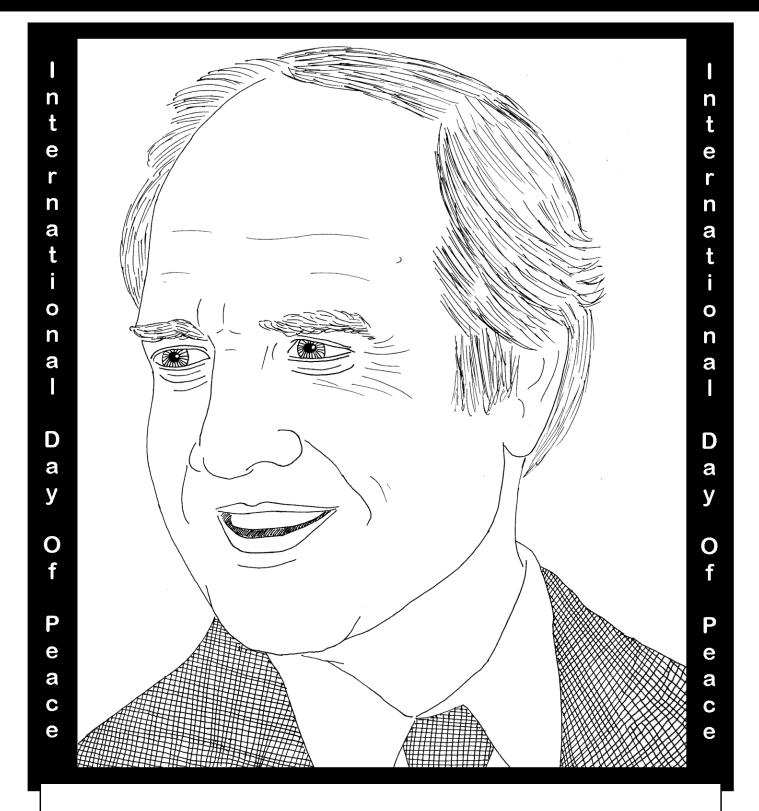
"Long live all us crazy soldiers who were born under calico skies May we never be called to handle all the weapons of war we despise" --- Paul McCartney

Do One Thing for a Better World



"World peace requires a basic long-term commitment to change attitudes and conduct, and to develop structures and programs that will foster peaceful progress in the care of Earth and in our relationships with each other."

-- John McConnell, The Founder of Earth Day



"I'm fed up to the ears with old men dreaming up wars for young men to die in."
-- George McGovern

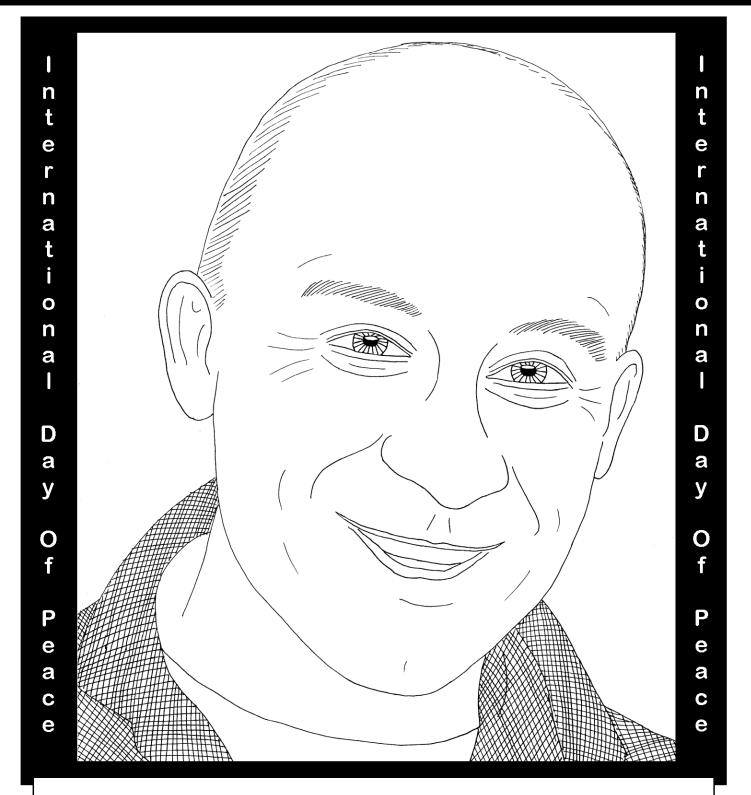


"Our first and most pressing problem is how to do away with warfare as a method of solving conflicts between national groups within a society who have different views about how the society is to run."

-- Margaret Mead



"We have learned that change cannot come through war.
War is not a feasible tool to use in fighting against the oppression we face.
War has caused more problems. We cannot embrace that path."
-- Rigoberta Menchú Tum



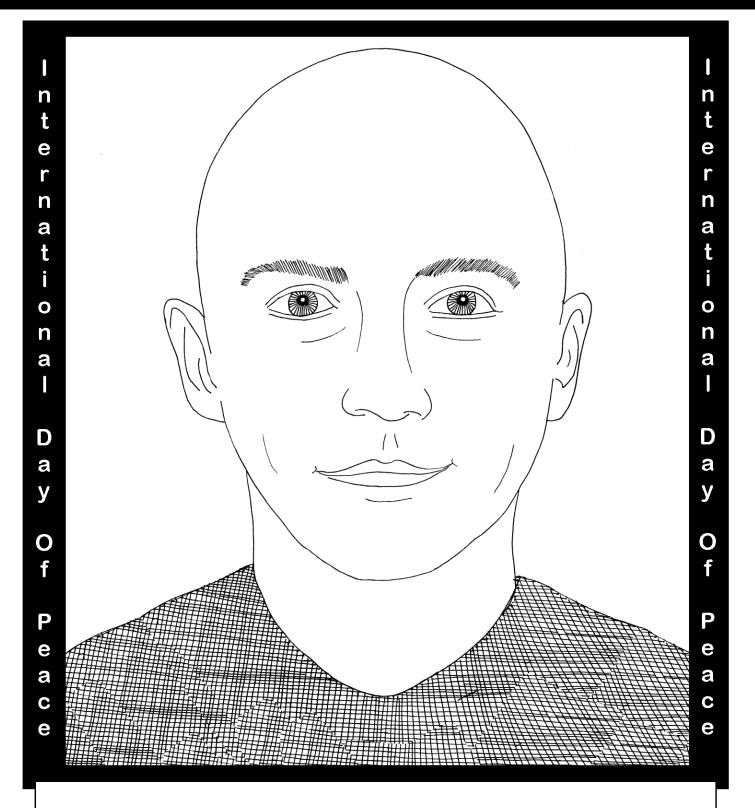
"Peace demands the most heroic labor and the most difficult sacrifice.

It demands greater heroism than war. It demands greater
fidelity to the truth and a much more perfect purity of conscience."

-- Thomas Merton

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"Let there be peace on earth, and let it begin with me."
-- Jill Jackson Miller



"Let peace and beauty reign."
-- Moby

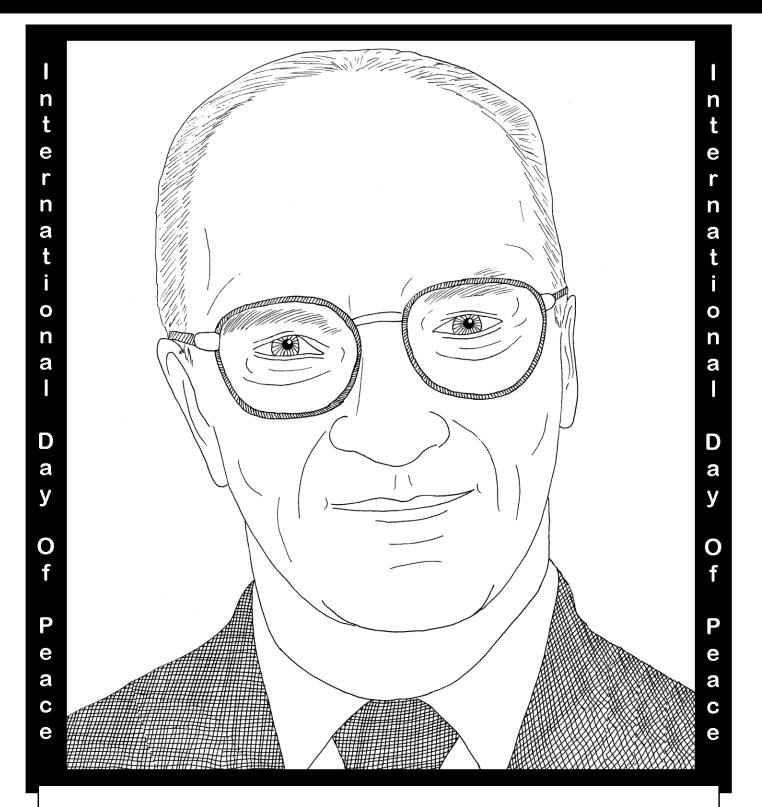
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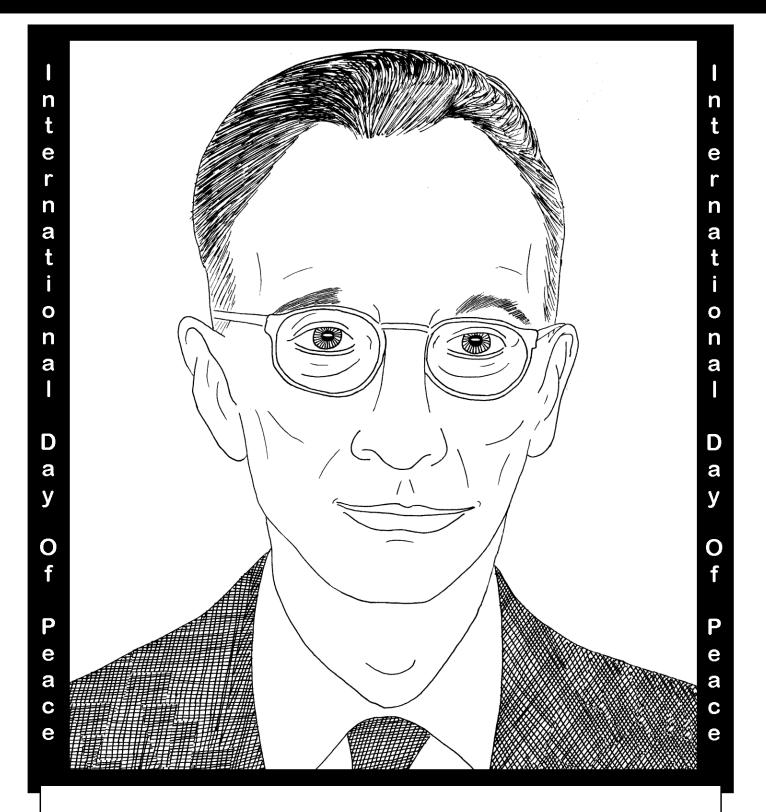
"Establishing lasting peace is the work of education; all politics can do is keep us out of war."

-- Maria Montessori

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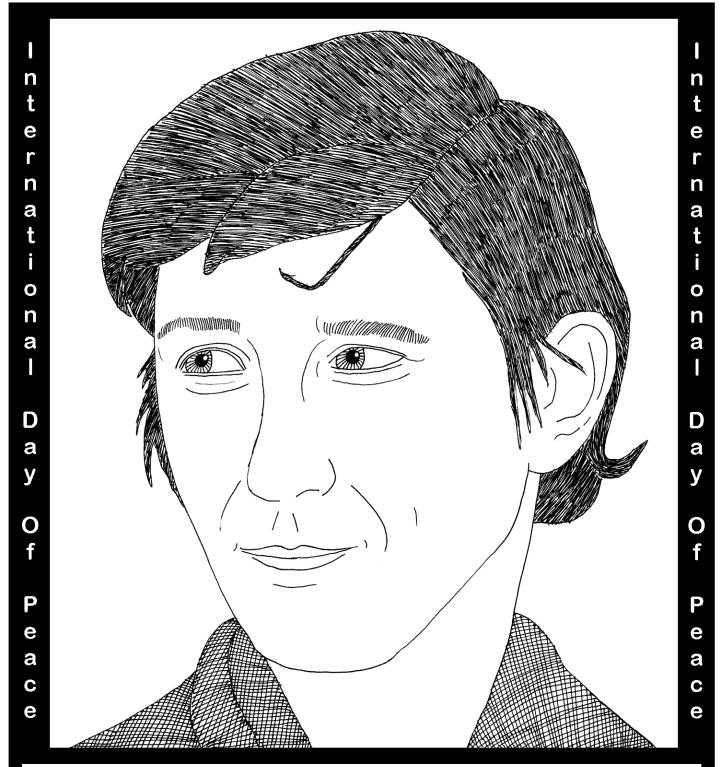
"Dream always of a peaceful, warless, disarmed world.
...Decide to be peaceful..."
-- Robert Muller



"There is no way to peace. Peace is the way."
-- A. J. Muste



"The greatest warriors are the ones who fight for peace."
-- Holly Near



"It's always the old to lead us to the war; It's always the young to fall Now look at all we've won with the saber and the gun Tell me, is it worth it all?
... I ain't marchin' anymore..."
-- Phil Ochs

Do One Thing for a Better World

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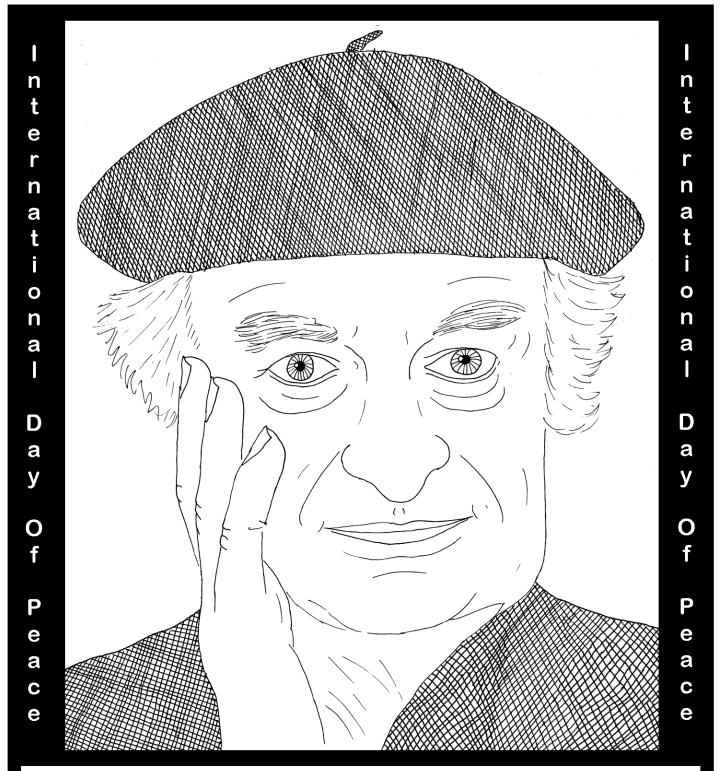
> "Education is a vaccine for violence." -- Edward James Olmos

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"I'm not a political person by any stretch of the imagination, but I'm very patriotic, and I love people. I never understood why we couldn't get along better. It's like the Bible says, "There will always be wars or rumors of war," but that doesn't mean those of us who would love to see peace wouldn't like to see it be different."

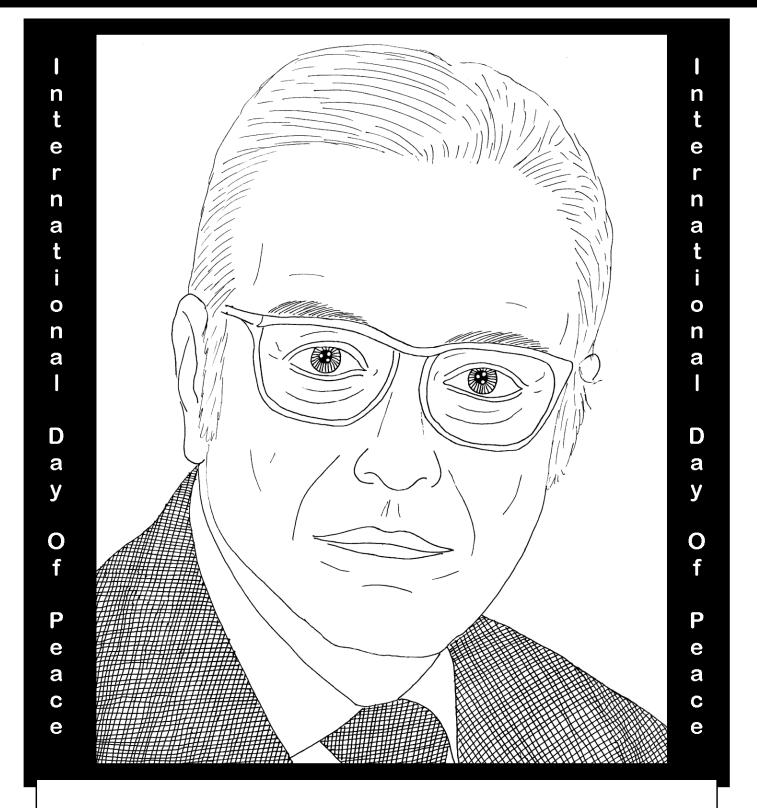
-- Dolly Parton



"The time has come for man's intellect, his scientific method, to win over the immoral brutality and irrationality of war and militarism ...

Now we are forced to eliminate from the world forever this vestige of prehistoric barbarism, this curse to the human race."

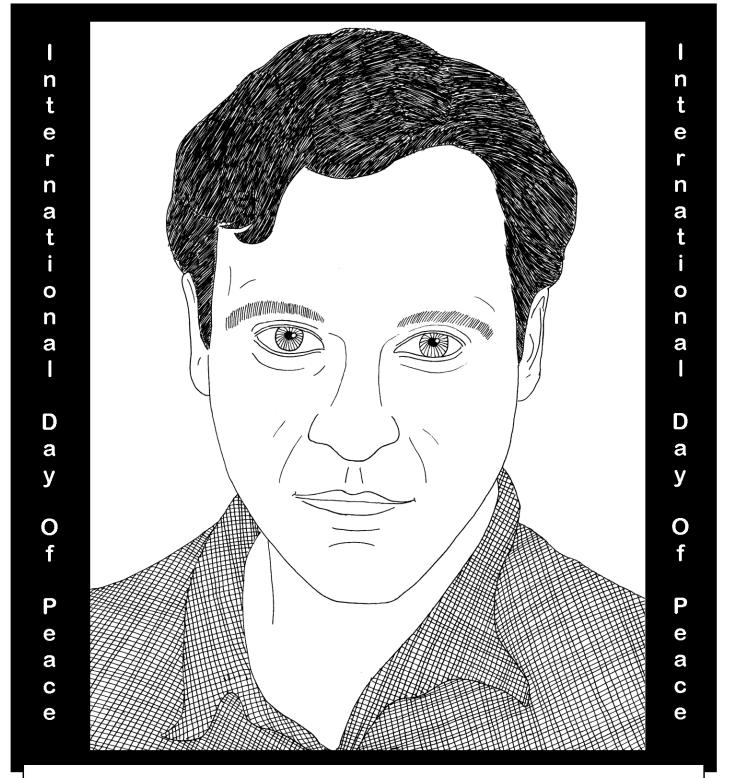
-- Linus Pauling



"Peace - the word evokes the simplest and most cherished dream of humanity.

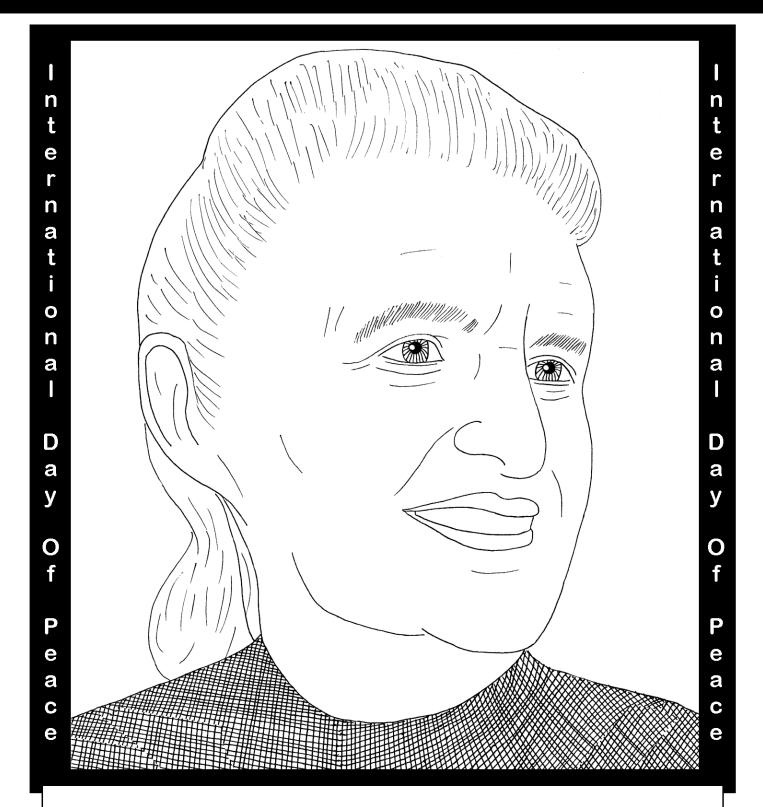
Peace is, and has always been, the ultimate human aspiration."

-- Javier Perez de Cuellar



"As a nation, this is the moment to start seriously investing our time, energy and resources into proven methods of reducing violence, both within our nation as well as internationally."

-- Joaquin Phoenix



"One little person, giving all of her time to peace, makes news.

Many people, giving some of their time, can make history."

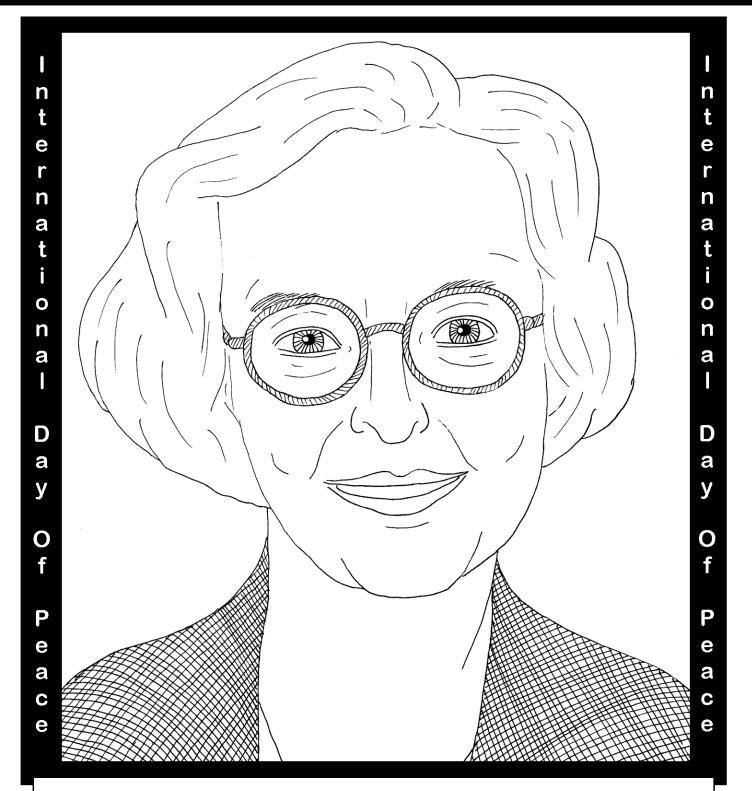
-- Peace Pilgrim

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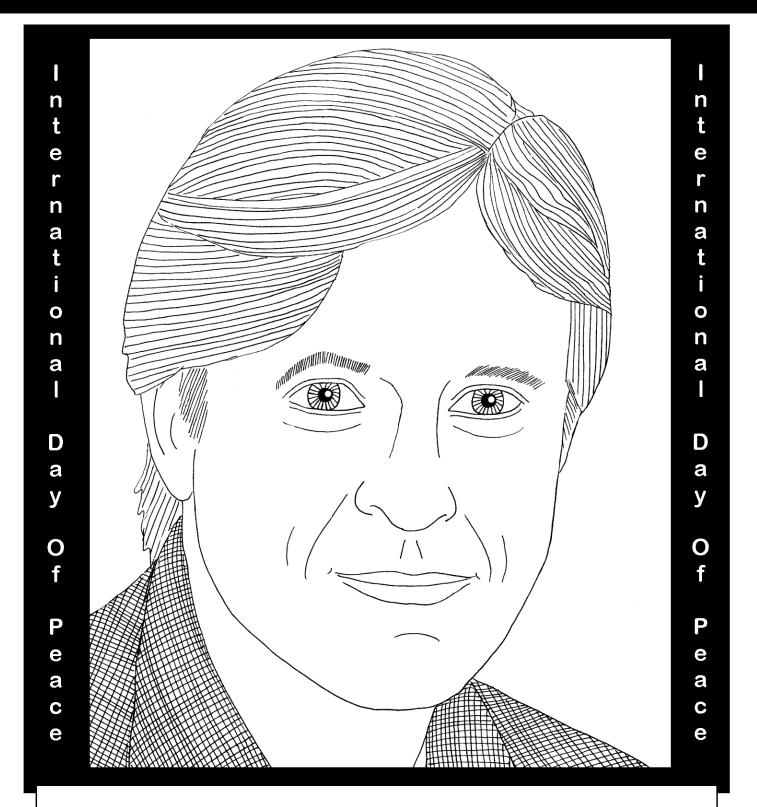
"Our generation has the ability and the responsibility to make our ever-more connected world a more hopeful, stable and peaceful place."

-- Natalie Portman



"The ultimate goal of peace education is the formation of responsible, committed, and caring citizens who have integrated the values into everyday life and acquired the skills to advocate for them."

-- Betty Reardon



"...if our humanity – our soul as a society – is overtaken by the materiel and cosmetic, there will be no hope of peace."

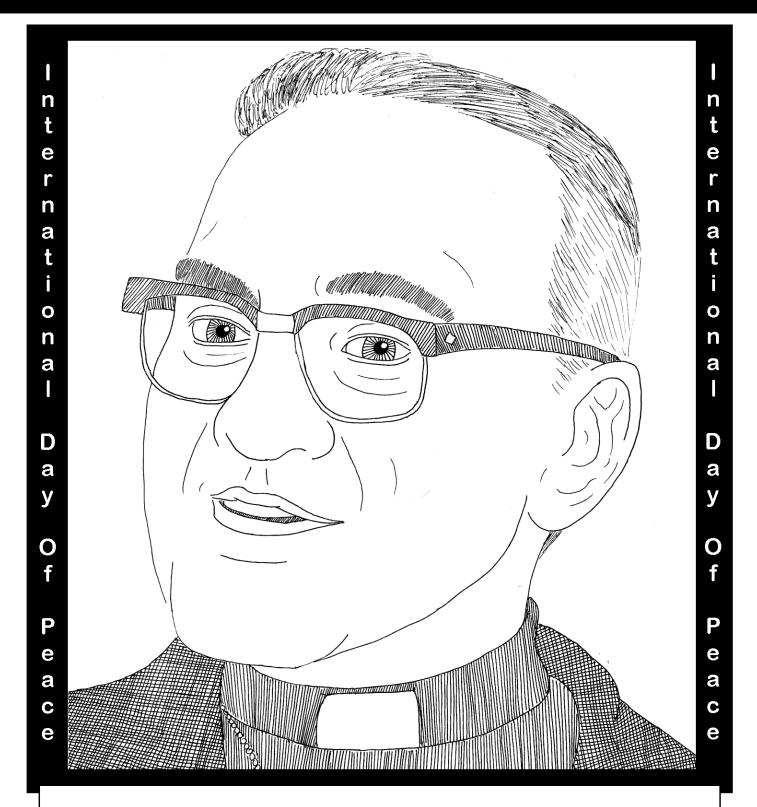
-- Robert Redford



"Peace is not an ideal, which is how we presently treat it. Peace is a discipline, a practice, a muscle that has to be strengthened or else it goes weak.

Presently, we have no formal practice of peace because peace has been excluded from our global educational curriculum."

-- Debbie Robins



"Peace is the generous, tranquil contribution of all to the good of all.

Peace is dynamism. Peace is generosity. It is right and it is duty."

-- Archbishop Oscar Romero

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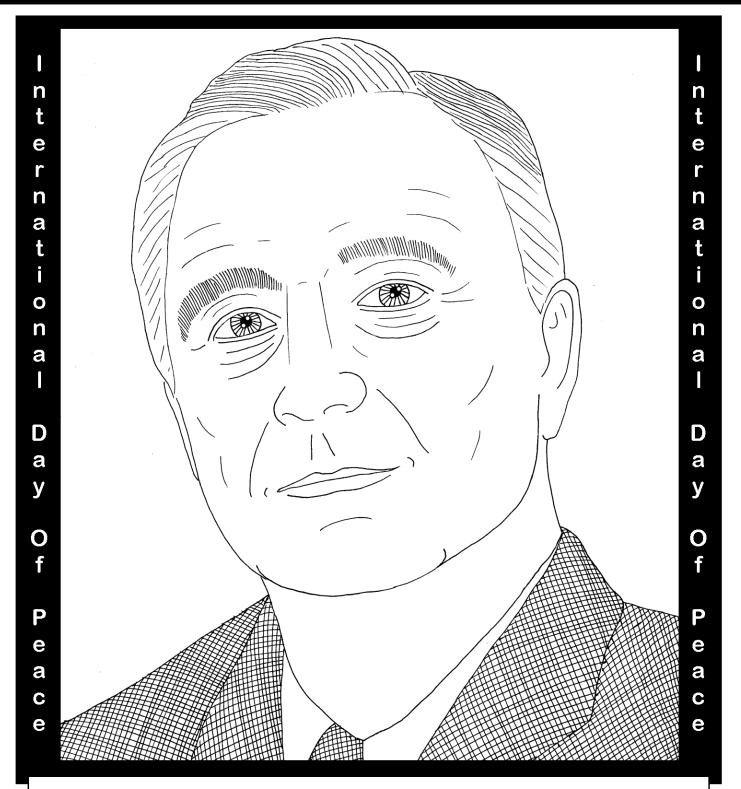
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"It isn't enough to talk about peace; one must believe in it.

And it isn't enough to believe in it; one must work at it."

-- Eleanor Roosevelt



"More than an end to war, we want an end to the beginning of all wars -yes, an end to this brutal, inhuman and thoroughly impractical
method of settling the differences between governments."
-- Franklin D. Roosevelt



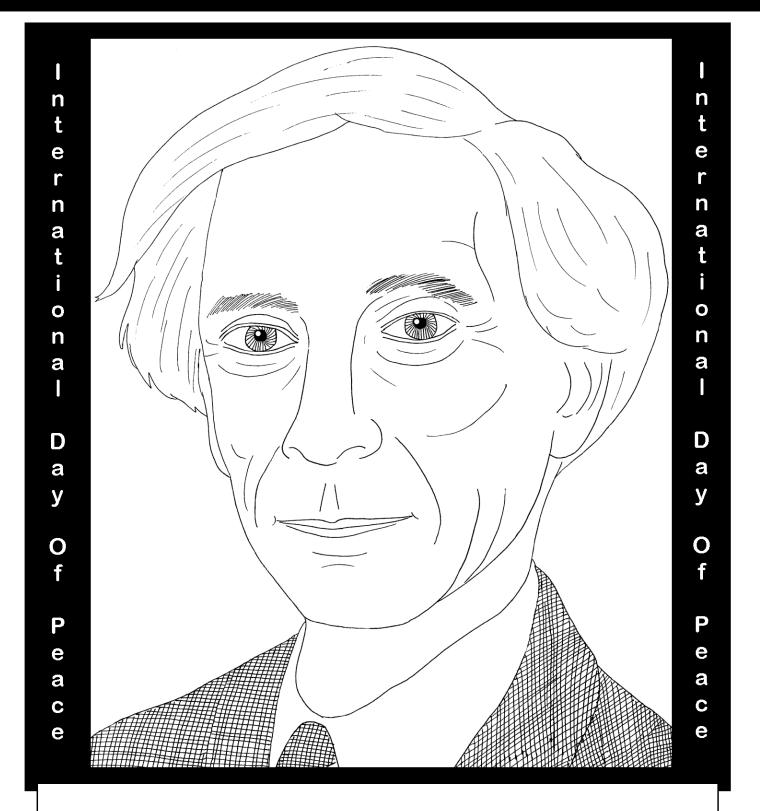
"What shall we choose? Violence or non violence? ...We have to choose knowing that when we are violent to our enemies, we do violence to ourselves. When we brutalize others, we brutalize ourselves.

And eventually we run the risk of becoming our oppressors."

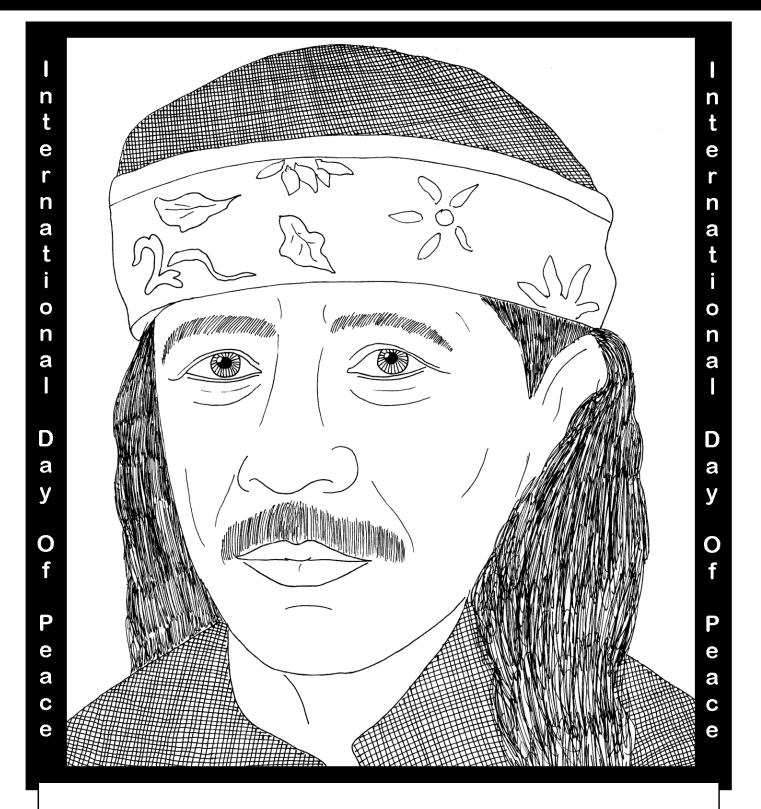
-- Arundhati Roy

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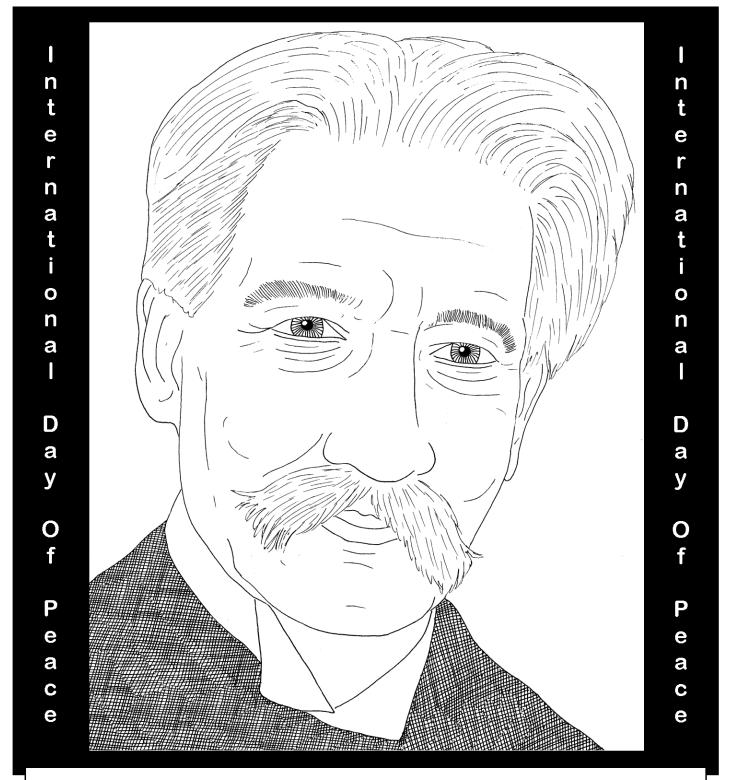
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"War does not determine who is right - only who is left."
-- Bertrand Russell



"The most valuable possession you can own is an open heart.
The most powerful weapon you can be is an instrument of peace."
-- Carlos Santana



"In the hearts of people today there is a deep longing for peace. When the true spirit of peace is thoroughly dominant, it becomes an inner experience with unlimited possibilities. Only when this really happens-- when the spirit of peace awakens and takes possession of men's hearts, can humanity be saved from perishing."

-- Albert Schweitzer



"If all we hear is violence, all we will know is violence — personally or globally.

If we hear stories of people rising above hatred to build a better life,

we can all find the courage to create peace."

-- Barbara Simmons



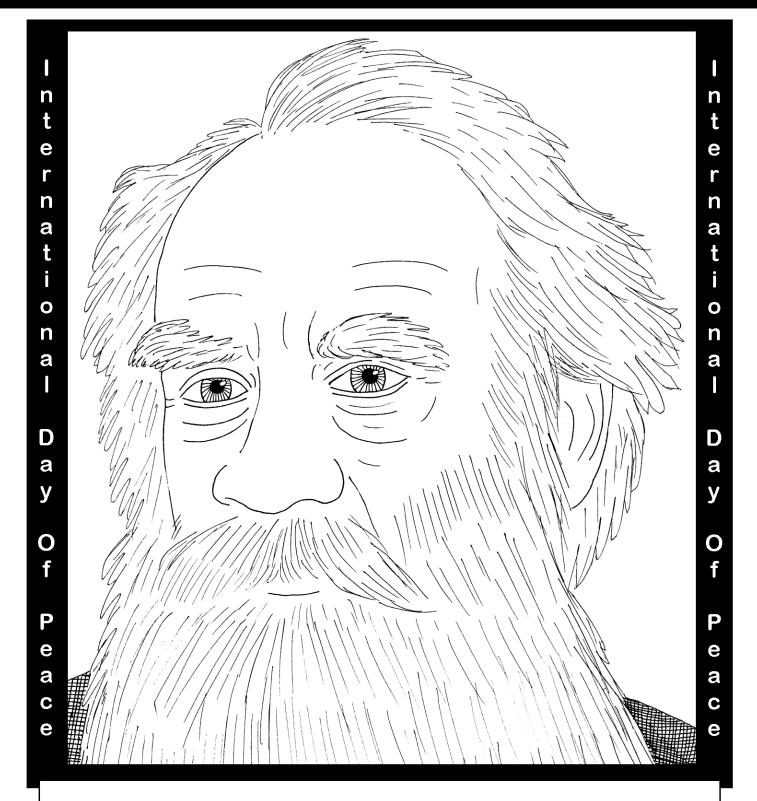
"In our innermost Spirit
- we nourish the gentleness and understanding of Peace.
Those around us feel a gentle breeze whispering as if rustling leaves Peace comes not from contemplation- but action!"
-- Pauline Tangiora

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"All works of love are works of peace."
-- Mother Teresa

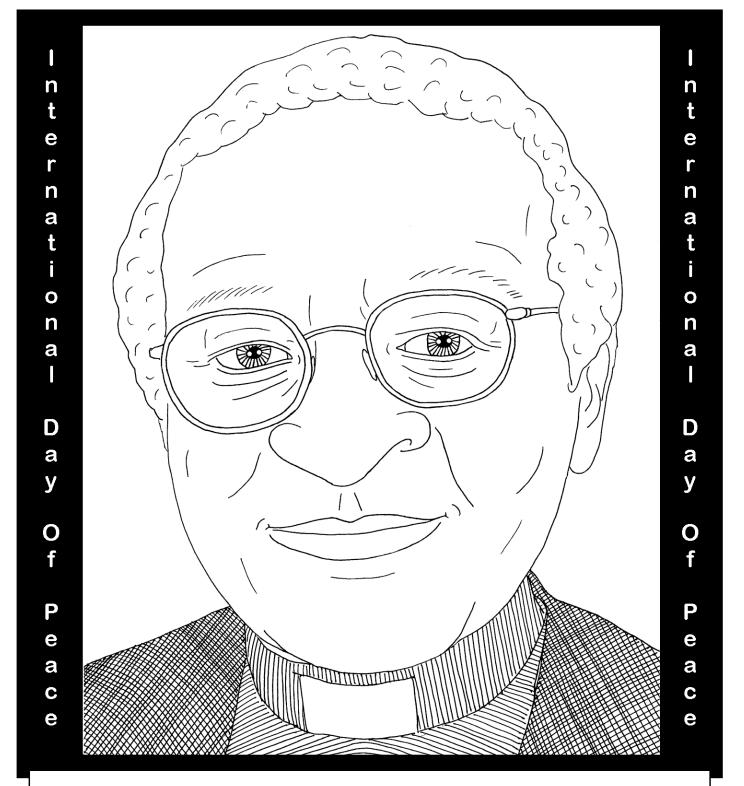
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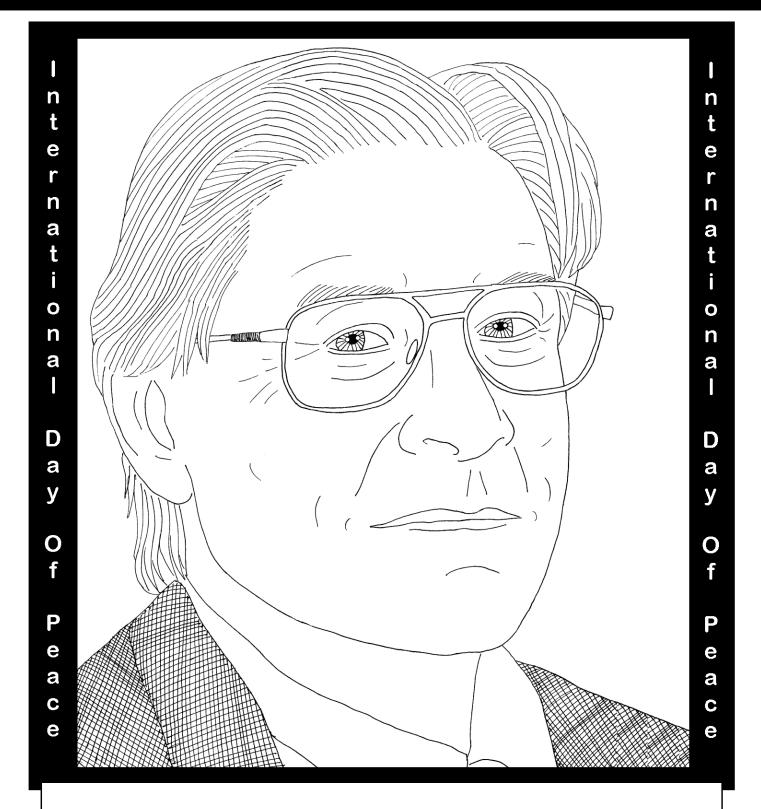
"The improvement of life was only accomplished to the extent to which it was based on a change of consciousness, that is, to the extent to which the law of violence was replaced in men's consciousness by the law of love."

-- Leo Tolstoy



"...Just a fraction of what is extended so obscenely on defense budgets would make a real difference in enabling God's children to fill their stomachs, be educated, and be given the chance to lead fulfilled and happy lives."

-- Archbishop Desmond Tutu

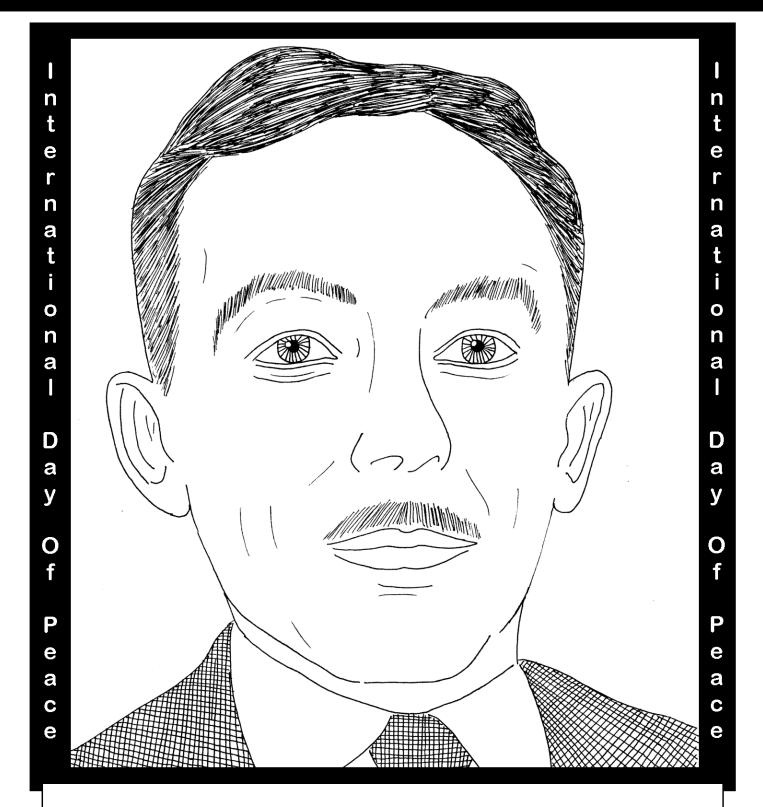


"Did you know that every two hours the nations of this world spend as much on armaments as they spend on the children of this world every year?"

-- Sir Peter Ustinov

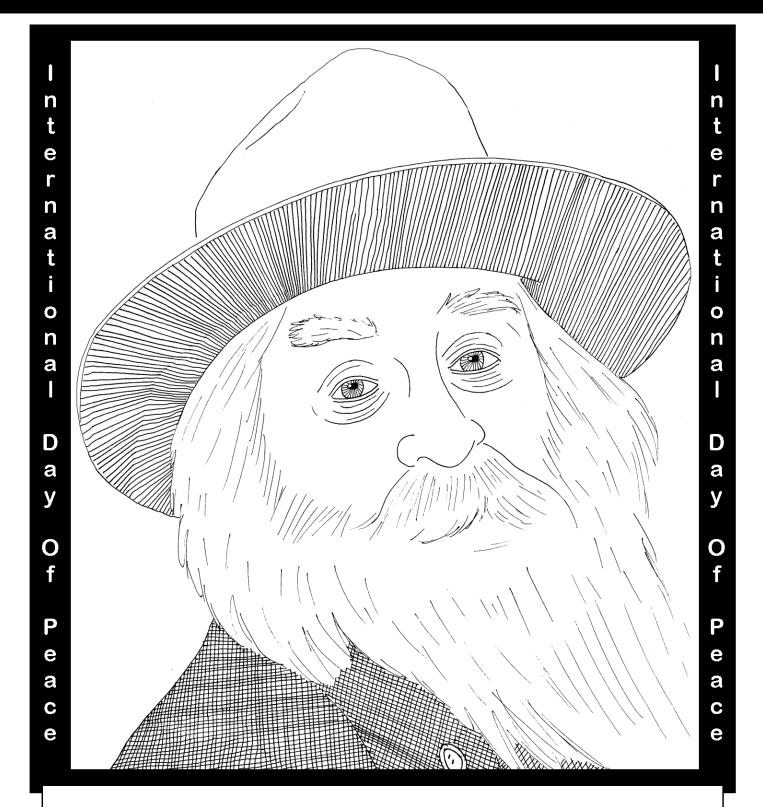


"To have a peaceful population, we must teach peace."
-- Cora Weiss

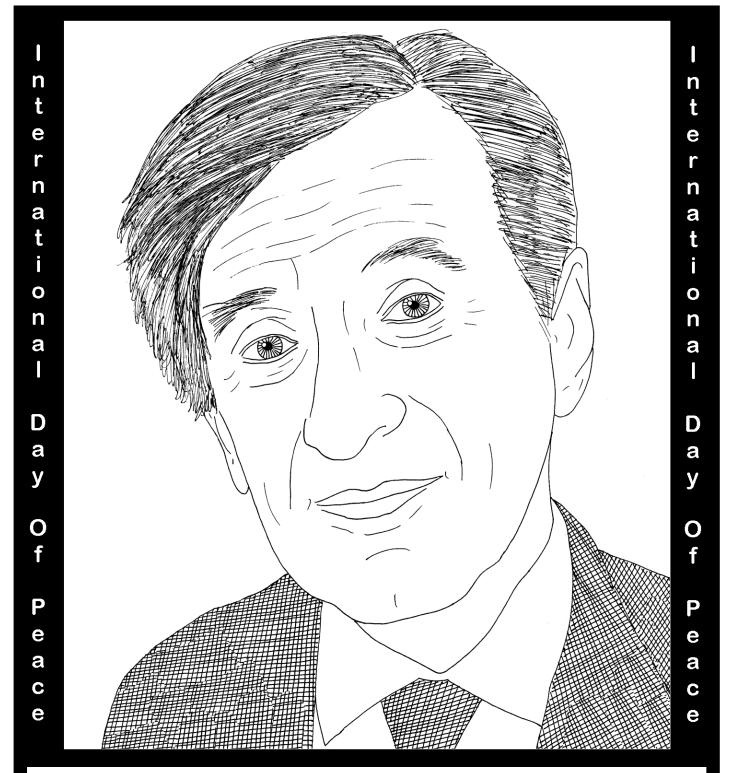


"Most people think of peace as a state of Nothing Bad Happening, or Nothing Much Happening. Yet if peace is to overtake us and make us the gift of serenity and well-being, it will have to be the state of Something Good Happening."

-- E. B. White



"Peace is always beautiful."
-- Walt Whitman



"If only we could celebrate peace as our various ancestors celebrated war; if only we could glorify peace as those before us, thirsting for adventure, glorified war; if only our sages and scholars together could resolve to infuse peace with the same energy and inspiration that others have put into war."

-- Elie Wiesel



"We want to live and love and build a just and peaceful society."
-- Betty Williams

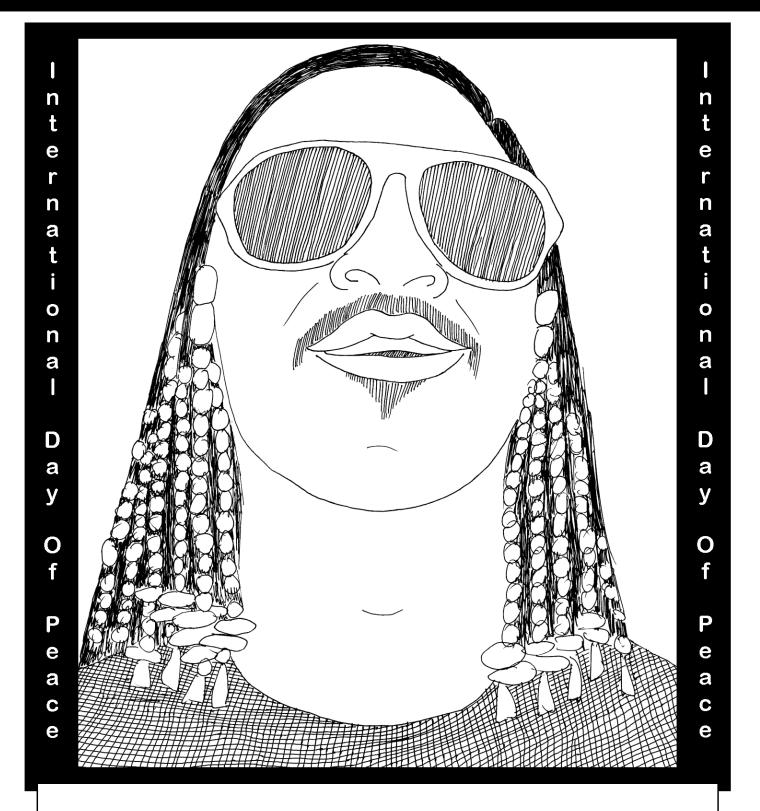


"The power of nonviolence is not circumstance-specific. It is as applicable to the problems that confront us now, as to problems that confronted generations in the past. It is not a medicine or a solution so much as a healing process. It is the active spiritual immune system of humanity."

-- Marianne Williamson

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"Why has there never been a holiday
Where peace is celebrated all throughout the world?"
-- Stevie Wonder

