





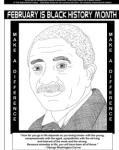






February Is **BLACK HISTORY MONTH**



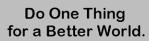




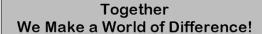




FEBRUARY IS BLACK HISTORY MONTH



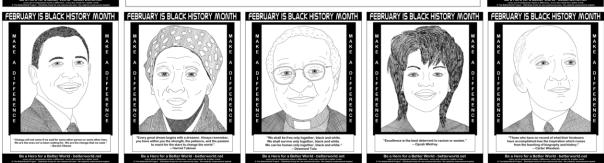






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"Every great dream begins with a dreamer.
Always remember, you have within you
the strength, the patience, and the passion
to reach for the stars to change the world."
--- Harriet Tubman

Black History Month is an opportunity to celebrate the achievements and contributions people of African heritage have made for the world. It is also a time to reflect on our sad history of prejudice and slavery and to advocate for equal rights for all.

In 1926, African-American historian Dr. Carter G. Woodson advocated for the observance of Negro History Week during the 2nd week in February because it marks the birthdays of two Americans who greatly helped African Americans win freedom in America -- Frederick Douglass and Abraham Lincoln. During the bicentennial celebration in 1976, Black History Week was expanded to the entire month and Black History Month has been observed every February since then.

February marks many other important milestones in African-American history. On February 1, 1865, Abraham Lincoln signed the 13th Amendment abolishing slavery. The 15th Amendment, granting black men the right to vote was adopted on February 3, 1870; on February 12, 1909 the NAACP was founded; and on February 25, 1870, Hiram Rhodes Revels, the first black US Senator, took the oath of office.

Many Black BetterWorld Heroes were born in February: Langston Hughes was born February 1, 1902; Rosa Parks was born February 4, 1913; Bob Marley was born February 6, 1945; Alice Walker was born February 9,

1944; **Richard Allen** was born February 14, 1766; **Frederick Douglass** was born February 14, 1818; **John Lewis** was born February 21, 1940; and **W**. E. B. **Dubois** was born February 23, 1868.

In the United Kingdom, Black History Month is celebrated in October.

Do One Thing for a Better World

- Find out more about the important contributions made by people of African descent
- Hold an event or activity to celebrate Black History Month
- Rent a free film on black history at the film connection.org

Black History Month Links

- Association for the Study of African American Life & History (www.dpw-archives.org/asalh.html)
- Biography.com/black_history
- CNN.com/SPECIALS/1998/black.history
- Education-World.com/ a_special/black_history.shtml
- The Film Connection.org/programs/709
- TimeForKids.com/TFK/bhm



DO ONE THING







M A E D E RENCE



"I don't know what the future may hold, but I know who holds the future." -- Ralph David Abernathy

Do One Thing for a Better World

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M A E D E R E N



"We intend to make this world the most beautiful, glorious planet that any human being can imagine..." -- Hafsat Abiola

Do One Thing for a Better World

M M A A K E A D D E E REZCE R E N C

"Hating people because of their color is wrong.

And it doesn't matter which color does the hating. It's just plain wrong."

-- Muhammad Ali

Do One Thing for a Better World

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"Whereas our ancestors (not of choice) were the first successful cultivators of the wilds of America, we their descendants feel ourselves entitled to participate in the blessings of her luxuriant soil."

-- Richard Allen

Do One Thing for a Better World

M M A A K E A D D E E R RENCE Ε N C

"We cannot change the past, but we can change our attitude toward it.
Uproot guilt and plant forgiveness. Tear out arrogance and seed humility.

Exchange love for hate ---

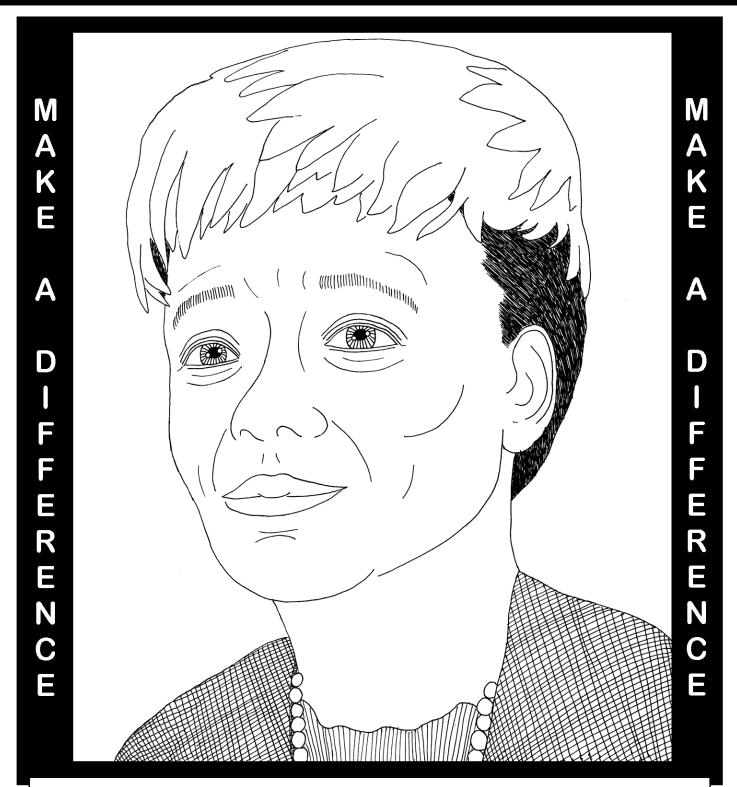
thereby, making the present comfortable and the future promising."
-- Maya Angelou

Do One Thing for a Better World

M M A K K E E Α А D D E E R E R E N N C C

"We may have different religions, different languages, different colored skin, but we all belong to one human race."

-- Kofi Annan



"In order for us as poor and oppressed people to become part of a society that is meaningful, the system under which we now exist has to be radically changed... It means facing a system that does not lend its self to your needs and devising means by which you change that system."

-- Ella Baker

Do One Thing for a Better World

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"While the tale of how we suffer, and how we are delighted, and how we may triumph is never new, it always must be heard."

-- James Baldwin

Do One Thing for a Better World

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"If I've impacted on one heart, one mind, one soul, and brought to that individual a greater truth than that individual came into a relationship with me having, then I would say that I have been successful."

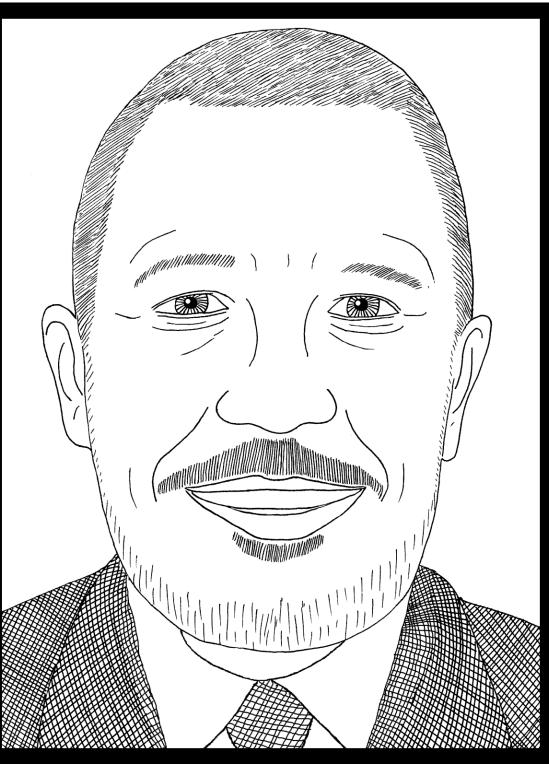
-- Harry Belafonte

Do One Thing for a Better World

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"Our job, in working to achieve fairness and equity, is to sound the alarm about the unjust criminal justice system and demand that our leaders and those in power act now to halt this destructive, unfair treatment of our brothers and sisters, especially of our children."

-- James Bell

Do One Thing for a Better World

M M A A K K E E A A D D E E R E REZCE N C E

"If we accept and acquiesce in the face of discrimination, we accept the responsibility ourselves. We should, therefore, protest openly everything ... that smacks of discrimination or slander."

-- Mary McLeod Bethune

Do One Thing for a Better World

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"The power of a movement lies in the fact that it can indeed change the habits of people. This change is not the result of force but of dedication, of moral persuasion. " -- Stephen Biko

Do One Thing for a Better World

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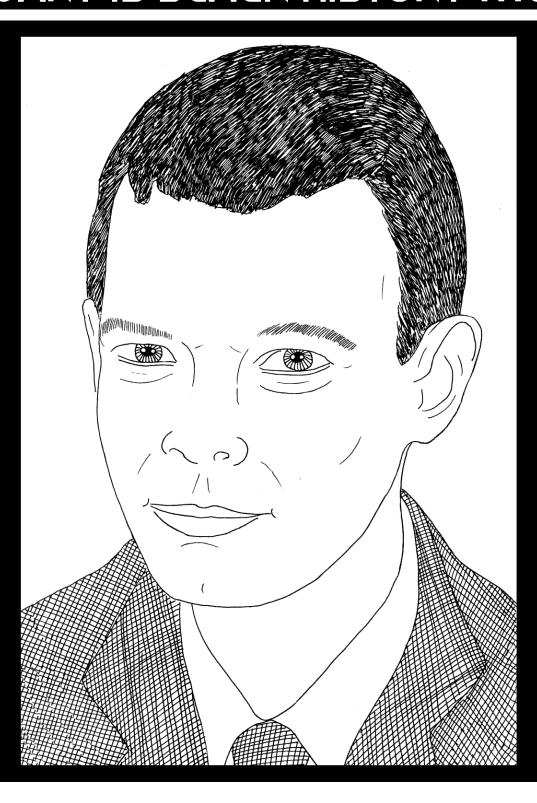
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"If you're looking for inner peace from the outside world, you're not going to get that.

The inner peace starts with looking at you from the inside."
-- Mary J. Blige

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"The civil rights movement didn't begin in Montgomery and it didn't end in the 1960s. It continues on to this very minute."

-- Julian Bond

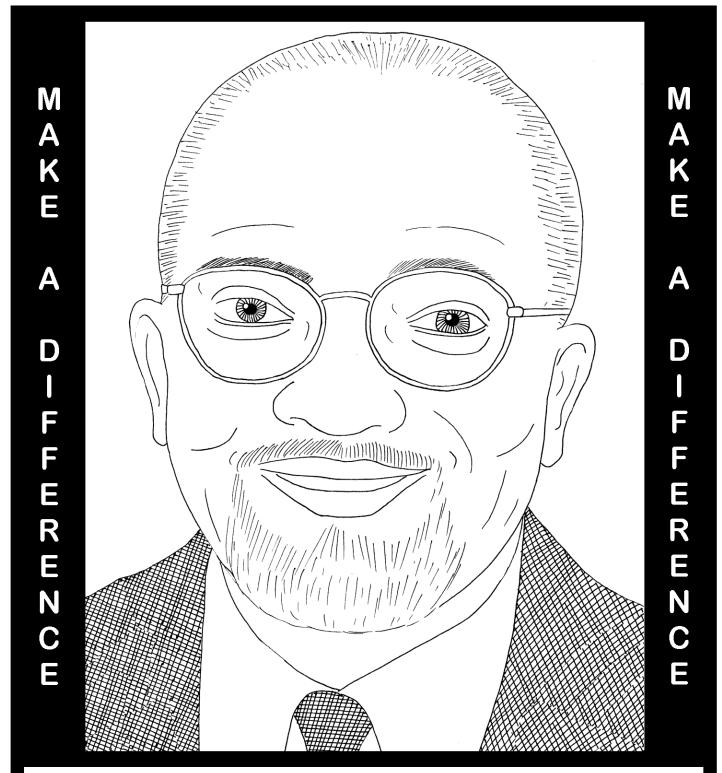
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"The role of the market place is to be an instrument of environmental change and policy making. We are all consumers with a great potential for change. Environmental protection begins at home."

-- Noel Brown, Former Director of the UN Environment Programme

Do One Thing for a Better World



"Grassroots groups challenge the "business-as-usual" environmentalism that is generally practiced by the more privileged wildlife-and conservation-oriented groups. The focus of activists of color and their constituents reflects their life experiences of social, economic, and political disenfranchisement."

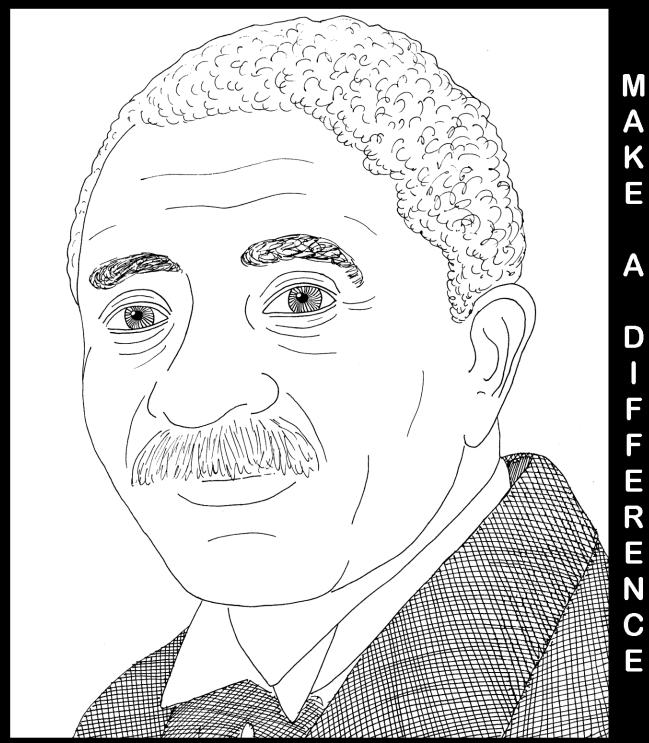
-- Robert Bullard

M M A A K E E А D D E E R E REZCE C

"The well-being and the hopes of the peoples of the world can never be served until peace - as well as freedom, honor and self-respect - is secure."
-- Ralph Bunche

Do One Thing for a Better World

M A E D E REZCE



"How far you go in life depends on you being tender with the young, compassionate with the aged, sympathetic with the striving and tolerant of the weak and the strong.

Because someday in life, you will have been all of these."

Because someday in life, you will have been all of these." -- George Washington Carver

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"Service is the rent you pay for room on this earth."
-- Shirley Chisholm

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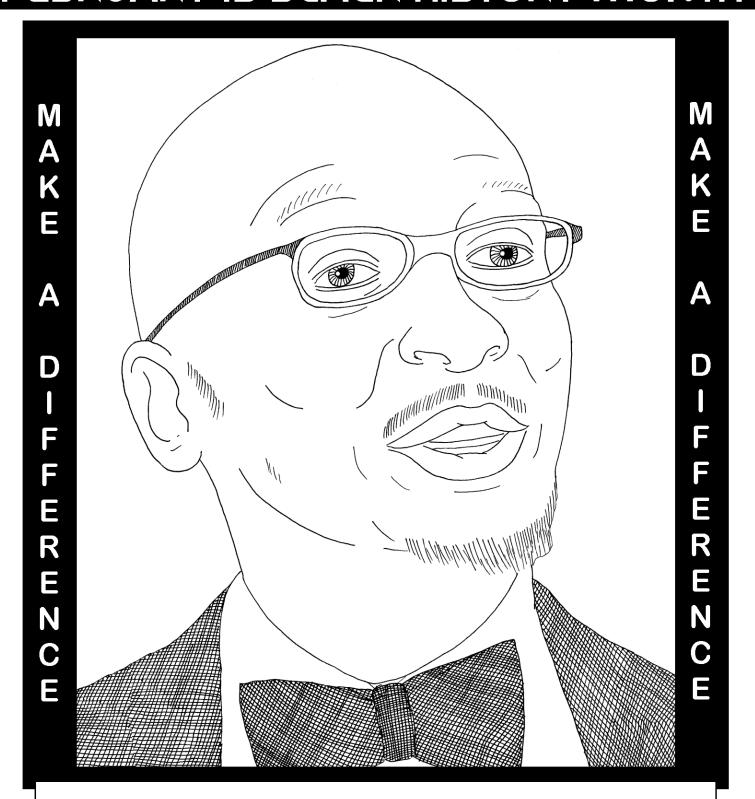
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"I have been oppressed, and so I am always going to have a vote for the oppressed, regardless of whether that oppressed is black or white or yellow..." -- Septima Clark

Do One Thing for a Better World



"Rome was not built in a day; opposition will come your way But the harder the battle you see, it's the sweeter the victory" -- Jimmy Cliff

Do One Thing for a Better World

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"Untold numbers of our friends, our neighbors, our parents, and our children, are hoping that there is more understanding, more generosity, more genuine friendship, and more caring among people of all faiths and cultures."

-- John Conyers

Do One Thing for a Better World

M M A A K K E A D D F E E E Z C E E RENCE

> "We have to talk about liberating minds as well as liberating society." -- Angela Davis

Do One Thing for a Better World

M M E IFFEREN C C

"Any form of art is a form of power; it has impact, it can affect change, it can not only move us, it makes us move."

-- Ossie Davis

Do One Thing for a Better World

M M A A K E E A A D D F E **EREZCE** R E N C E

"Female Genital Mutilation has nothing to do with culture, tradition or religion. It is a torture and a crime, which needs to be fought against."

-- Waris Dirie

Do One Thing for a Better World

M M A K K E E D D E R R E E N N C C E

"What is possible for me is possible for you."
-- Frederick Douglass

M M K E E Α Α D D E E R E R E N N C C E

"Now is the accepted time, not tomorrow, not some more convenient season. It is today that our best work can be done and not some future day or future year."

-- W. E. B. DuBois

Do One Thing for a Better World

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"If you don't like the way the world is, you change it.
You have an obligation to change it.
You just do it one step at a time."
-- Marian Wright Edelman

Do One Thing for a Better World

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M A K **IFFERENCE**



"I have a voice. It's one of my gifts.

I intend to use it on behalf of the children that UNICEF seeks to aid."

-- Laurence Fishburne

Do One Thing for a Better World

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"Whilst so much is being done in the world, to ameliorate the condition of mankind, and the spirit of Freedom is marching with rapid strides and causing tyrants to tremble, may America awake from the apathy in which she has long slumbered."

-- James Forten

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"In the harshest place on Earth... love finds a way."
-- Morgan Freeman

M M A A K E A D D E E R E N R E N C E C

"We have to take leadership beyond our particular issues. We have to frame the world that we want to see not only in terms of our own children, but for all children."

-- Danny Glover

Do One Thing for a Better World

M M A A K E A D D E **EREZCE** R E N C

"Forgiveness does not overlook the deed.

It rises above it."

-- Pumla Gobodo-Madikizela

Do One Thing for a Better World



"When you are kind to someone in trouble, you hope they'll remember and be kind to someone else. And it'll become like a wildfire."

-- Whoopi Goldberg

Do One Thing for a Better World

M M K E E D E E R E R E N N C E

"Nobody's free until everybody's free."
-- Fannie Lou Hamer

Do One Thing for a Better World

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"The arts have always served relationships between people of different cultures so well. In a way, the arts function as a very serious kind of ambassador."

-- Herbie Hancock

Do One Thing for a Better World

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"We cannot afford to be separate. . . .
We have to see that all of us are in the same boat."
-- Dorothy Height

Do One Thing for a Better World

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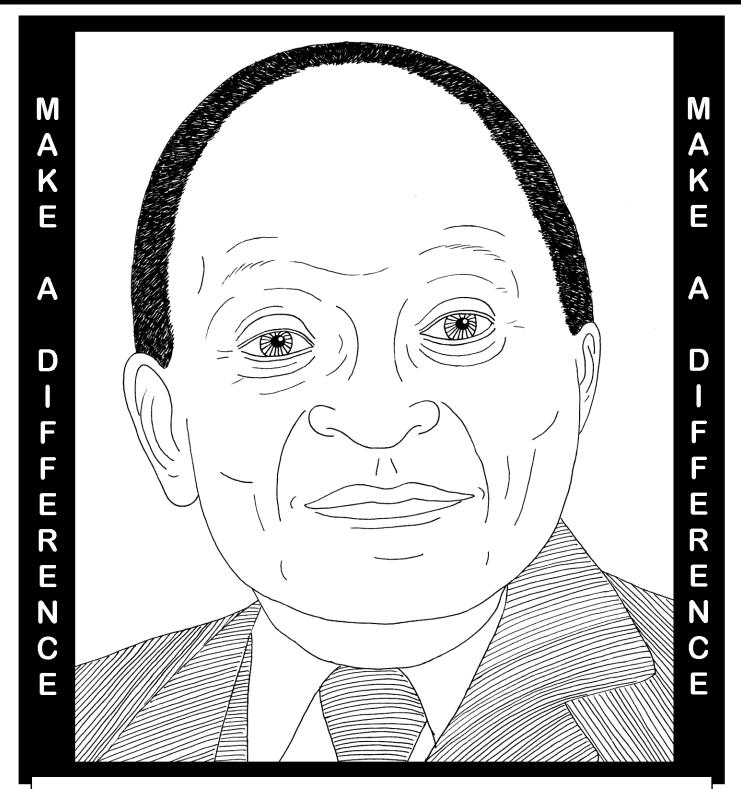
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'When the power of love overcomes the love of power the world will know peace."

-- Jimi Hendrix

Do One Thing for a Better World



'We have always preferred negotiation in all circumstances, because we are convinced that a compromise acceptable to everybody can emerge from a confrontation of the ideas and interests in question."

-- Félix Houphouët-Boigny

Do One Thing for a Better World

M M A K E - F F E R E Z C E **IFFERENCE**

"Let America be America, where equality is in the air we breathe."
-- Langston Hughes

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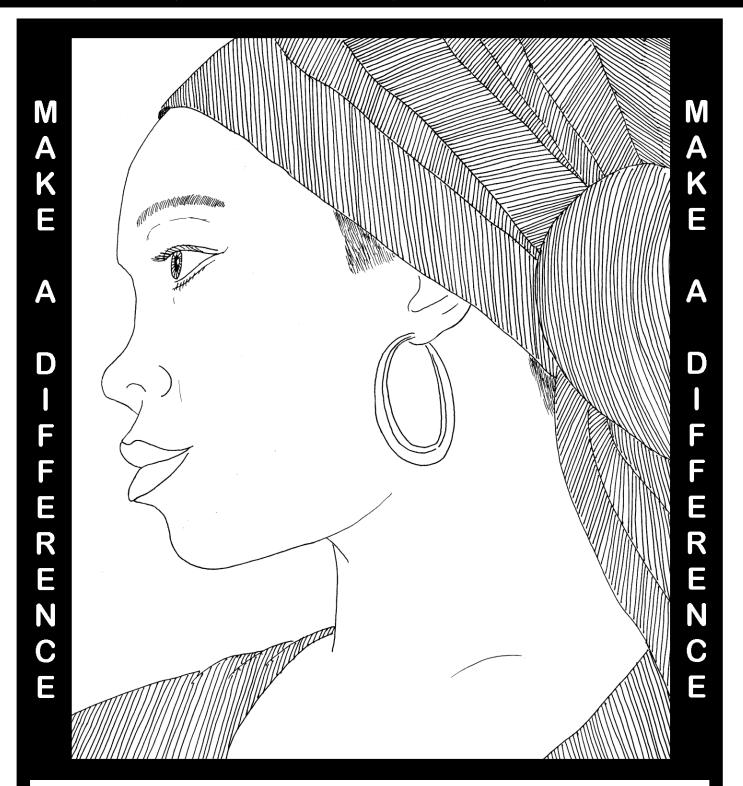
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"Sometimes, I feel discriminated against, but it does not make me angry. It merely astonishes me. How can any deny themselves the pleasure of my company?" -- Zora Neale Hurston

Do One Thing for a Better World



"The songs that I've written about Africa, and AIDS and HIV and about the power of humanitarian love, those songs, I'm gonna sing them because I know that it's real."
-- India.Arie

Do One Thing for a Better World



"You dont have to hold on to the pain, to hold on to the memory."
-- Janet Jackson

Do One Thing for a Better World

M M A K K E E Α Α D D E E R R Ε E N N C E

"Hold your head high, stick your chest out. You can make it.
It gets dark sometimes, but morning comes. Keep hope alive."
-- Jesse Jackson

Do One Thing for a Better World



"We, as human beings, must be willing to accept people who are different from ourselves."
-- Barbara Jordan

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"As a poet and writer, I deeply love and I deeply hate words. I love the infinite evidence and change and requirements and possibilities of language; every human use of words that is joyful, or honest or new, because experience is new... But as a Black poet and writer, I hate words that cancel my name and my history and the freedom of my future:

I hate the words that condemn and refuse the language of my people in America."

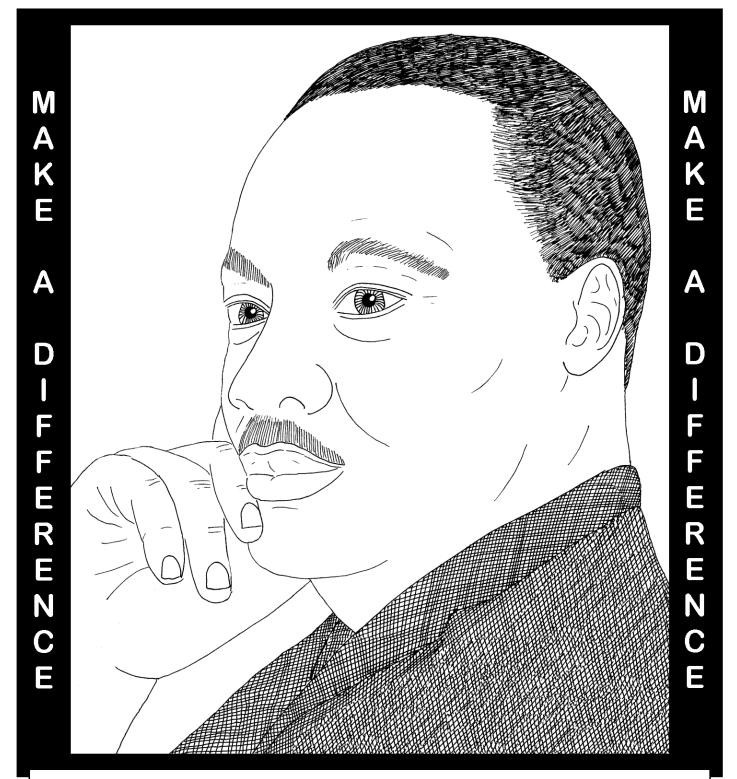
-- June Jordan

Do One Thing for a Better World

M M A A K K E E Α Α D D E E R E R E N N C C

"I believe all Americans who believe in freedom, tolerance and human rights have a responsibility to oppose bigotry and prejudice..."
-- Coretta Scott King

Do One Thing for a Better World



"I have a dream that one day this nation will rise up and live out the true meaning of its creed: "We hold these truths to be self-evident: that all men are created equal."

-- Martin Luther King, Jr.

Do One Thing for a Better World

M M E E A Α D D F F E E R E N R E N C E C

"Let us not become the evil that we deplore."
-- Barbara Lee

Do One Thing for a Better World

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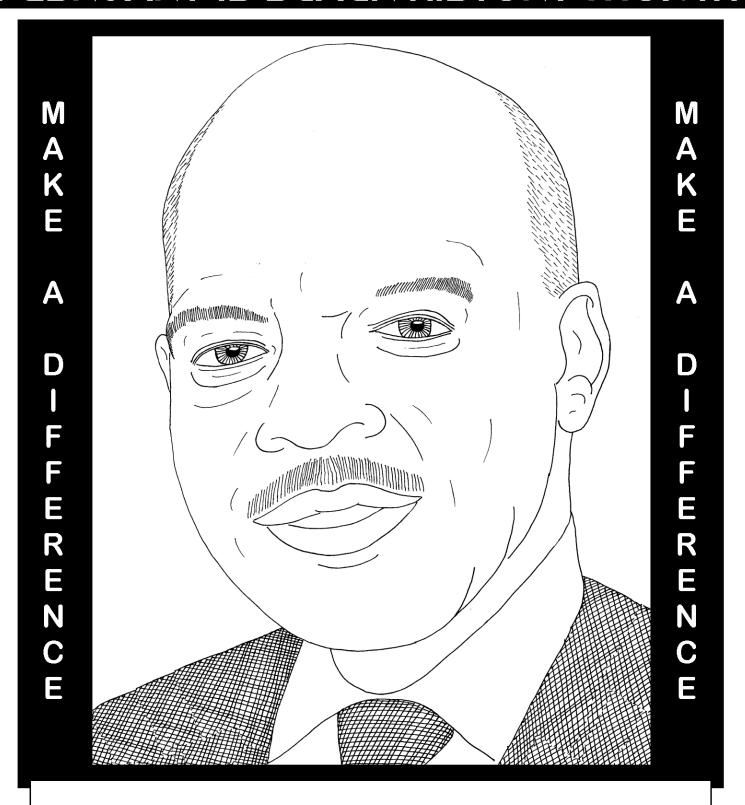
M E **IFFERENCE**



"Why wouldn't I help? What good reason do I have as a human being with power and a sense of empathy and morality, why wouldn't I do something?"

-- John Legend

Do One Thing for a Better World



"I believe in nonviolence as a way of life, as a way of living."
-- John Lewis

Do One Thing for a Better World

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"Every one of us can make a contribution. And quite often we are looking for the big things and forget that, wherever we are, we can make a contribution... just imagine what's happening if there are billions of people out there doing something.

Just imagine the power of what we can do."

-- Wangari Maathai

Do One Thing for a Better World

M M A K E A D D E E R E REZCE C

"Therefore my challenge to each of you ... is that you ask yourself what you can do to make a difference. And then take that action, no matter how large or how small. For our children have a right to peace."

-- Graça Machel-Mandela

Do One Thing for a Better World

M M A A K Ε D I F F E R E N C E C

"No one is born hating another person because of the color of his skin, or his background, or his religion. People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite."

-- Nelson Mandela

Do One Thing for a Better World

M A E A D E R E C



"Emancipate yourselves from mental slavery.

None but ourselves can free our minds.

Won't you help to sing the songs of freedom?"

-- Bob Marley

Do One Thing for a Better World

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M A D **IFFERENCE**

"Affirmative action is the most important modern anti-discrimination technique ever instituted in the United States. It is the one tool that has had a demonstrable effect on discrimination."

-- Eleanor Holmes Norton

Do One Thing for a Better World

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"Change will not come if we wait for some other person or some other time.

We are the ones we've been waiting for. We are the change that we seek."

-- Barack Obama

F F E R E Z C E

Do One Thing for a Better World

M M A A K E E A D D E E R E N R E C E C

"The time has come to make the protection of children -- all our children -- a common cause that can unite us across the boundaries of our political orientation, religious affiliation and cultural traditions."
-- Olara Otunnu

Do One Thing for a Better World

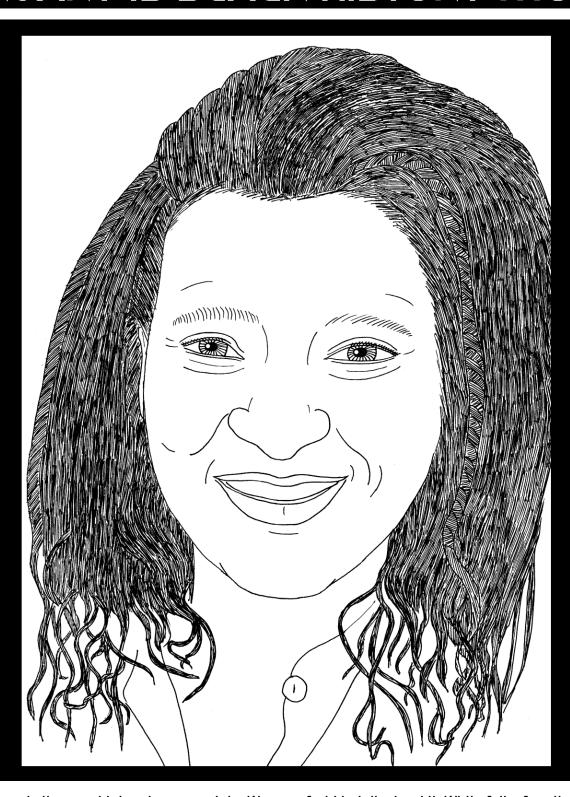
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"I would like to be known as a person who is concerned about freedom and equality and justice and prosperity for all people."

-- Rosa Parks

Do One Thing for a Better World

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"Race is the great taboo in our society. We are afraid to talk about it. White folks fear their unspoken views will be deemed racist. People of color are filled with sorrow and rage at unrighted wrongs. Drowning in silence, we are brothers and sisters drowning each other. Once we decide to transform ourselves from fearful caterpillars into courageous butterflies, we will be able to bridge the racial gulf and move forward together towards a bright and colorful future."

— Eva Paterson

Do One Thing for a Better World

M M A K D D - F F E R E Z C E R E C

"I feel closer to my country than ever. There is no longer a feeling of lonesome isolation. Instead--peace. I return without fearing prejudice that once bothered me . . . for I know that people practice cruel bigotry in their ignorance, not maliciously"

-- Paul Robeson

Do One Thing for a Better World

M M A K E A D - F F E R E Z C E E C

"The best defense for any group of people is what we do to defend other people."
-- Russell Simmons

Do One Thing for a Better World

M A D E REZCE



"I live in a country where we put children in shackles and in concrete cells. Working together, with righteousness and hope, we can create a country that is about reverence and reconciliation, not a world of shackles and concrete cells."

-- Lateefah Simon

Do One Thing for a Better World

M M A A K E A D D E **EREZCE** R E N C E

"Let ... individuals make the most of what God has given them, have their neighbors do the same, and then do all they can to serve each other."

-- Sojourner Truth

Do One Thing for a Better World

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"Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world."

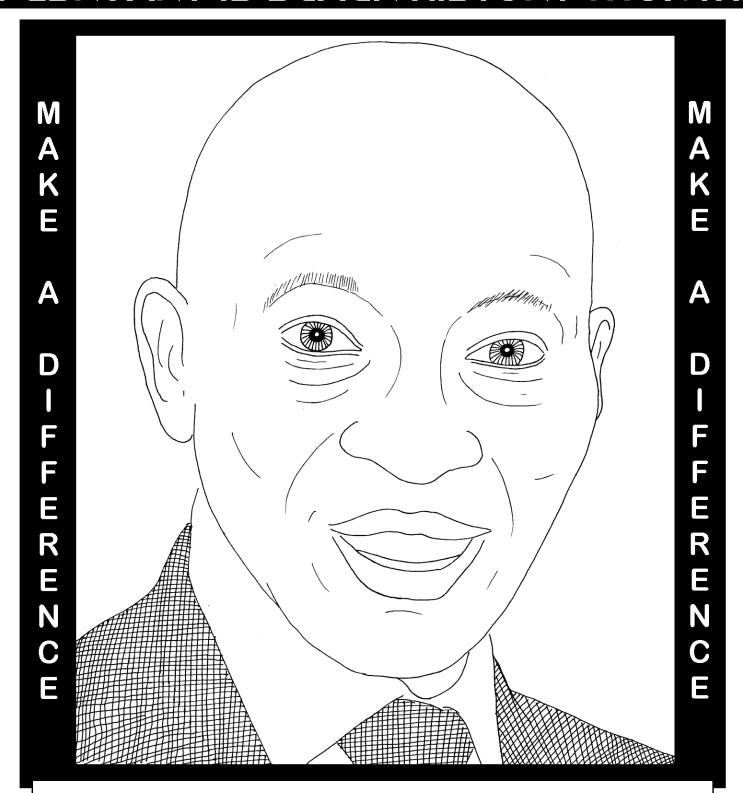
-- Harriet Tubman

Do One Thing for a Better World

M M A K E A D - F F E R E Z E R E N C C E

"We shall be free only together, black and white.
We shall survive only together, black and white.
We can be human only together, black and white."
-- Desmond Tutu

Do One Thing for a Better World



"Democracy is constructed like an edifice, freedom by freedom, right by right, until it reaches its snapping point."

-- Abdoulage Wade

Do One Thing for a Better World

M M A A K K E A A D D E E R E R E N N C C

"I think we have to own the fears that we have of each other, and then, in some practical way, some daily way, figure out how to see people differently than the way we were brought up to."

-- Alice Walker

Do One Thing for a Better World

M A K E A D E R E N C



"But I'm willing to go through that craziness because I refuse to allow prejudice to defeat me." -- Dionne Warwick

Do One Thing for a Better World

M M A A K E A D D E EREZCE R E N C

"If you want to lift yourself up, lift up someone else."
-- Booker T. Washington

Do One Thing for a Better World

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M A K E D **IFFERENCE**



"This nation has always struggled with how it was going to deal with poor people and people of color. Every few years you will see some great change in the way that they approach this. We've had the war on poverty that never really got into waging a real war on poverty."

-- Maxine Waters

Do One Thing for a Better World

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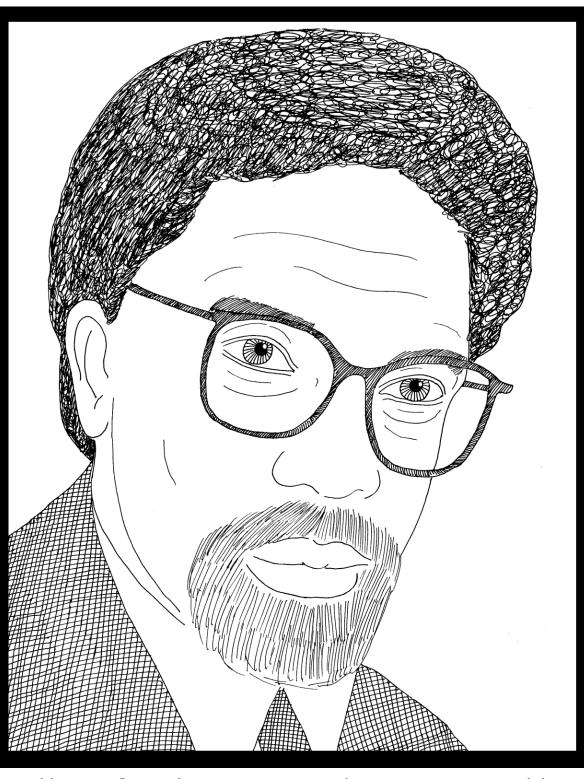
"My satisfaction comes from my commitment to advancing a better world." -- Faye Wattleton

Do One Thing for a Better World

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"None of us alone can save the nation or world.

But each of us can make a positive difference
if we commit ourselves to do so."

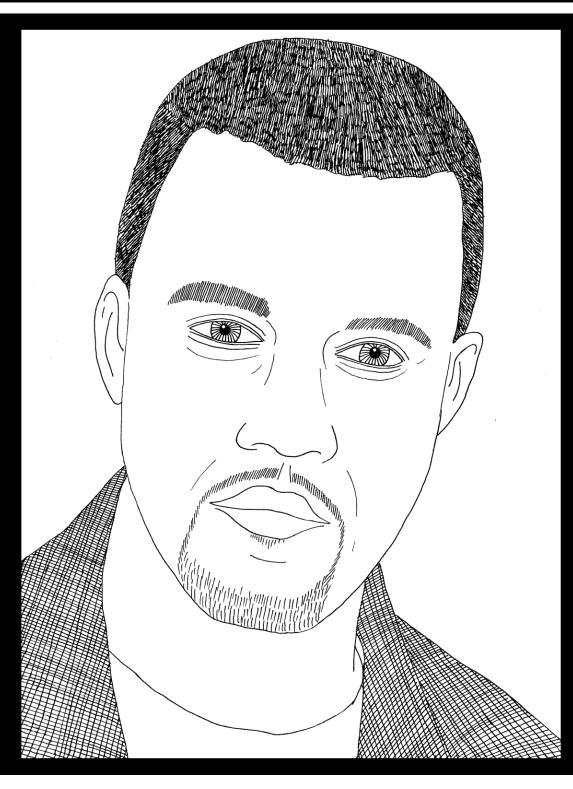
-- Cornel West

Do One Thing for a Better World

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"I want to help change the way young people look at school, and hence, the way they look at their futures."

-- Kanye West

Do One Thing for a Better World

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M A D **IFFERENCE**

"Slowly we have lifeted ourselves by our own bootstraps.

Step by halting step, we have beat our way back."

-- Roy Wilkins

Do One Thing for a Better World

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"Excellence is the best deterrent to racism or sexism."
-- Oprah Winfrey

Do One Thing for a Better World

M M A K E E A Α D D E E R R E E N C

"Let us come together before we're annihilated."
-- Stevie Wonder

Do One Thing for a Better World

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"Those who have no record of what their forebears have accomplished lose the inspiration which comes from the teaching of biography and history."

-- Carter Woodson

Do One Thing for a Better World

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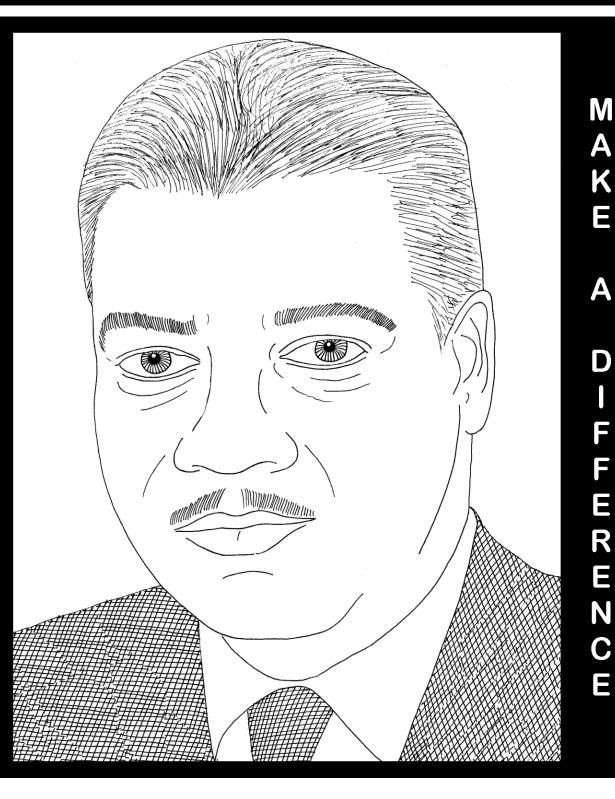


"In a world where change is inevitable and continuous, the need to achieve that change without violence is essential for survival."

-- Andrew Young

Do One Thing for a Better World

M A K E D - F F E R E Z C E



"No race has a monopoly on vice or virtue, and the worth of an individual is not related to the color of his skin."

-- Whitney Young

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